



# 15th Masters Int Long Distance Races

Thialf - Heerenveen

2 maart 2019



## Klassement 1. M - 500/10000m D

	Naam	Cat	Land	500	10000	Punten
1	55 Tialda Gerritsma	D50	NED	52.78 (9)	18:07.96 (10)	107.178



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	Naam	Cat	Land	500	10000	Punten
1	52 <b>Kees Hooft</b>	H45	NED	42.01 (3)	14:47.76 (1)	86.398
2	26 <b>Rik Koppelaar</b>	HSB	NED	40.65 (1)	15:18.02 (2)	86.551
3	15 <b>Roberto van Goor</b>	H45	NED	42.47 (4)	15:41.72 (4)	89.556
4	41 <b>Arno van der Veen</b>	H45	NED	44.65 (6)	15:22.45 (3)	90.772
5	1 <b>Ton van Klooster</b>	H60	NED	46.44 (7)	15:49.63 (5)	93.921
6	5 <b>Azamat Ismailov</b>	H40	NED	42.60 (5)	17:24.78 (8)	94.839
7	61 <b>Stephan Haueisen</b>	H50	GER	46.56 (8)	16:59.64 (7)	97.542
8	65 <b>Michael King</b>	H70	AUS	1:13.45 (10)	27:58.14 (11)	157.357
	63 <b>Johannes Oehm</b>	HSB	GER	DQ	17:26.92 (9)	52.346
9	70 <b>Martin Heerma</b>	H45	NED	41.54 (2)		41.540
10	4 <b>Edzard Boland</b>	H45	NED		16:11.56 (6)	48.578



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## Klassement 2. M - 500/5000m D

	Naam	Cat	Land	500	5000	Punten
1	54 <b>Ciska Stark</b>	D55	NED	46.22 (9)	8:46.99 (9)	98.919
2	9 <b>Sandra van Bijlert- Burgerhout</b>	D40	NED	46.63 (11)	8:47.10 (10)	99.340
3	17 <b>Marlies de Jong</b>	D50	NED	48.16 (12)	9:00.89 (12)	102.249



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## Klassement 2. M - 500/5000m H

	Naam	Cat	Land	500	5000	Punten
1	67 Arjan Bakker	H55	NED	41.98 (2)	7:07.54 (1)	84.734
2	7 Robert Wierts	H45	NED	42.35 (3)	7:16.17 (2)	85.967
3	64 Per Bengtsson	H50	SWE	43.01 (6)	7:25.50 (3)	87.560
4	57 Robert Mitchell	H45	GBR	41.87 (1)	7:41.67 (5)	88.037
5	53 Bart Brinksma	H55	NED	42.60 (4)	7:35.91 (4)	88.191
6	25 Jan Mein	H60	NED	43.70 (7)	7:43.65 (6)	90.065
7	21 Geert Fekken	H40	NED	42.66 (5)	8:12.74 (7)	91.934
8	2 Stijn Verhagen	H40	NED	45.39 (8)	8:21.47 (8)	95.537
9	43 Martijn Kos	H45	NED	46.37 (10)	8:47.82 (11)	99.152
	62 Günter Traub	H80	GER	53.70 (13)	DQ	53.700
	66 Dirk Nauta	H75	NED	57.33 (14)	DQ	57.330
	20 Hans Spil	H50	NED	DNF	DNS	



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## Klassement 3. O - 500/5000m H

	Naam	Cat	Land	500	5000	Punten
1	48 <b>Quinten Heerma</b>	HB2	NED	40.34 (1)	7:26.21 (1)	84.961
2	30 <b>Pieter Tieme Weenink</b>	HA1	NED	42.42 (3)	7:28.88 (2)	87.308
3	28 <b>Menno Schaap</b>	HN2	NED	40.54 (2)	7:54.37 (3)	87.977
4	27 <b>Thijs van Tol</b>	HB2	NED	44.90 (4)	8:31.67 (4)	96.067



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## Klassement 4. M - 500/3000m D

	Naam	Cat	Land	500	3000	Punten
1	22 <b>Evelien van der Kist</b>	DSB	NED	44.53 (6)	5:02.78 (6)	94.993
2	68 <b>Sandra van Wijngaarden</b>	D45	NED	47.84 (12)	5:29.70 (13)	102.790
3	24 <b>Evelyn Mein-Klok</b>	D45	NED	54.00 (15)	5:49.86 (14)	112.310



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## Klassement 4. M - 500/3000m H

	Naam	Cat	Land	500	3000	Punten
1	10 Sandro Cara	H45	NED	40.61 (2)	4:07.84 (1)	81.916
2	3 Klaas van den Berg	H55	NED	43.03 (4)	4:35.57 (2)	88.958
3	11 Aart van Beuzekom	H50	NED	42.69 (3)	4:47.04 (3)	90.530
4	14 Erol Aksoy	H45	NED	43.68 (5)	4:47.05 (4)	91.521
5	18 Lucas Melchior	H60	NED	45.39 (8)	4:51.36 (5)	93.950
6	23 Johan Weenink	H45	NED	44.94 (7)	5:07.74 (8)	96.230
7	39 Thomas Voswinkel	HSB	NED	46.59 (9)	5:11.37 (9)	98.485
8	8 Paco Palman	H55	NED	47.59 (11)	5:06.24 (7)	98.630
9	16 Kees Bollaart	H55	NED	46.82 (10)	5:16.08 (11)	99.500
10	49 Thomas Hoekstra	H65	NED	49.50 (13)	5:21.76 (12)	103.126
11	13 Johan Jonker	H65	NED	52.68 (14)	5:14.85 (10)	105.155
12	46 Bart Seffinga	HSB	NED	38.11 (1)		38.110



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## Klassement 5. O - 500/3000m D

	Naam	Cat	Land	500	3000	Punten
1	56 <b>Madelief de Jong</b>	DA2	NED	42.79 (7)	4:36.65 (4)	88.898
2	34 <b>Rianne Stroombergen</b>	DC2	NED	46.04 (8)	5:10.20 (9)	97.740
3	31 <b>Masja Keesman</b>	DC1	NED	46.22 (9)	5:09.57 (8)	97.815
4	45 <b>Zus de Kruijk</b>	DC2	NED	47.36 (10)	5:03.36 (7)	97.920
5	33 <b>Eeke Emilie Weenink</b>	DC1	NED	51.29 (11)	5:57.93 (10)	110.945





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## Klassement 5. O - 500/3000m H

	Naam	Cat	Land	500	3000	Punten
1	69 <b>Jan Kleppe</b>	HN3	NED	39.71 (1)	4:11.65 (1)	81.651
2	40 <b>Melvin van Beuzekom</b>	HA2	NED	40.28 (3)	4:12.83 (2)	82.418
3	32 <b>Max Bergsma</b>	HC2	NED	40.03 (2)	4:15.99 (3)	82.695
4	35 <b>Nomdo de Heer</b>	HB2	NED	40.59 (4)	4:38.04 (5)	86.930
5	29 <b>Abe Jan Weenink</b>	HB1	NED	41.70 (5)	4:38.12 (6)	88.053
	42 <b>Mats ten Cate</b>	HC2	NED	41.84 (6)	DQ	41.840