

MCLN (the Dutch Masters Speed Skating Organization) invites you with pleasure to participate in the international speed skating competition

1st Masters' International Thialf Records Races

Heerenveen, the Netherlands
Tuesday, March 10th and Wednesday, March 11th 2020
Allround (Big, Normal, Small) | Sprint | Single distance

This competition will be held according to the Regulations of the International Masters' Speed Skating Committee (IMSSC) and the Regulations of the International Skating Union (ISU) at the covered 400 m standard speed skating track **Thialf**, Pim Mulierlaan 1, **Heerenveen**, The Netherlands, on artificial ice. This competition is an event of the IMSSC International Masters', the International ISU's and the Dutch Ice Sports Federation's 2019/2020 Calendars.

Organizer: MCLN Competition Manager: Leen van den Heuvel

Leader:Tjeerd SmiesE-mail:info@schaatscircuit.nlE-mail:info@schaatscircuit.nlWebsite:www.schaatscircuit.nl









1 Competitions

Ladies en men (from age group 30) four distance competitions and single distances:

- Sprint (500 m, 1.000 m, 500 m, 1.000 m)
- Allround Small (500 m, 1.500 m, 1.000 m, 3.000 m)
- Allround Normal (500 m, 3.000 m, 1.500 m and 5.000 m)
- Allround Big (500 m, 5.000 m, 1.500 m and 10.000 m)
- **3.000** m
- **5.000** m
- **10.000** m

The four distance competitions are a two-days competitions. The single distances will be held on the first day of the competition. Quartet start will be used for all distances.

2 Age Groups

This competition will be organized in the following five-year age groups (**AG** = five-year age groups Masters, Ladies and Men, according to their birth date, as indicated hereunder):

AG	born between	AG	born between	AG	born between
30	1.7.85 - 30.6.90	50	1.7.65 - 30.6.70	70	1.7.45 - 30.6.50
35	1.7.80 - 30.6.85	55	1.7.60 - 30.6.65	75	1.7.40 - 30.6.45
40	1.7.75 - 30.6.80	60	1.7.55 - 30.6.60	80	1.7.35 - 30.6.40
45	1.7.70 - 30.6.75	65	1.7.50 - 30.6.55	85	1.7.30 – 30.6.35 etc.

3 Eligibility

To be eligible the skater must be a member of a National Speed Skating Federation recognized by the ISU and must have a license of his/her federation.

4 Limitation of participants

The competition is restricted to 84 skaters for the four distance competitions. The single distance races are restricted to 40 skaters. You will be informed as soon as possible after the arrival of your entry if you can take part in the competition.

5 Drawing, seeding and classification

Digitally by the Referee on Monday, 9st of March 2020 and published on the website <u>www.schaatscircuit.nl</u>. The drawing will be done in groups of 2 skaters, according to their best times of the current season, their best times of last season or their personal best times (and in that order).

On the first two distances, for drawing purposes, skaters will be seeded in one group (ladies en men separately) per competition (Allround (Big, Normal, Small) and Sprint), according to their best times of the current season, their best times of last season or their personal best times (and in that order). Also for the Single Distance Races the seeding will be done per joined Age Groups (ladies en men separately).

Drawing at International Masters' Speed Skating Competitions will be done according to ISU Rule 244 for Drawing at International Competitions. Each of the 5 Year Age Groups is considered a separate competition in this respect.









For drawing of Masters' International Allround Competitions the ISU Rule 244 paragraphs 3, 4 and 5 apply, as well as ISU Rule 240 paragraph 2.

For drawing of this Masters' International Allround Competitions the five year age groups will be drawn (ladies en men separately) all together. But the allotting of track on the third distance is decided by the ranking after two distances for each 5 year age group, and not by the ranking in the joined, neighbored groups. The final distance drawing and classification will be done in her/his own age group independent of the number of participants in that age group. However, skaters in groups with odd number of participants, who in this case would skate alone on the last distance, may be paired together on the last distance.

Drawing at Masters' International Sprint Competitions will be done according to ISU Rule 240 paragraph 4, with two exceptions:

- Drawing of the third and fourth distance will be done based on the overall ranking (independent of age group) on the first respectively the second distance;
- All competitors will be admitted to the last distance.

However final classification will be done separately in 5 years age groups independent of the number of participants in a 5 years age group.

A skater that completes all distances successfully and obtains the lowest total of points in his/her five-year age group wins the four-distance competition in her/his age group. And for the single distances: a skater that skates the fastest time in his/her five-year age group wins the single distance race in her/his age group.

6 Prices and results

There will be no prices or a price giving ceremony, but a certificate.

A complete protocol (containing also starting times, lap times and accumulated lap times) will be published on the website www.schaatscircuit.nl.

7 Anti doping measures

Anti-doping tests will be carried out in accordance with ISU Rule 139 and the valid ISU Anti-doping Code (ISU Communication No. 2243 or any further update of this Communication).

8 Liability

In accordance with ISU Rule 119, ISU, IMSSC and the Organizing Committee assume **no responsibility for, or liability with respect to, bodily or personal injury, or property damages**, incurred in connection with this competition. Each skater or accompanying person is solely responsible for providing insurance coverage here to.

9 Schedule

9.1 Competition start

Tuesday, March 10nd 2020, 11:00h for Allround en Sprint competitions and about 14:30h for the single distances 10.000 m, 5.000 m and 3.000 m.

On the 5.000 m and 10.000 m every skater will have a personal lap controller.

9.2 Training and warm up times

The 400m ice track will be open for training on all public hours and on certain periods on the days before the competition. Check for details the website www.thialf.nl/openingstijden. The admittance fee for training on public hours is not included in the entry fee of this competition.









10 Entries

Entries must be made by the Dutch competitors on the regular way via the website www.schaatscircuit.nl and by all other competitors by filling out the electronic entry form with all data asked available on the IMSSC website www.imssc.org. You find the electronic entry form on the website www.imssc.org at these competitions.

Registration on the IMSSC-website:

If you are not already registered as a User on the IMSSC-website, please ask for your account details to IMSSC Secretary at: info@imssc.org. If you are a registered User, enter your account details by clicking on the symbol on top of the home page, on the right hand side, then choose the right competition under the menu "Competitions". Click on "Register", then on "Checkout" and fill-in all the requested data; finally, click on "Process Registration".

You will get a confirmation by e-mail, stating that your registration has been received by the Organizing Committee. However, this e-mail message does not confirm your participation. Confirmation of your participation can be ascertained in the Competitors' List, to be found in the Organizing Committee website: www.schaatscircuit.nl.

Entries can be made until Saturday, February 29th 2020 at the latest.

11 Entrance fee for competitors

Entrance fee will be: 48 euro for Sprint (500 m, 1.000 m, 500 m, 1.000 m)

75 euro for Allround Small (500 m, 1.500 m, 1.000 m, 3.000 m) **85 euro** for Allround Normal (500 m, 3.000 m, 1.500 m and 5.000 m) **100 euro** for Allround Big (500 m, 5.000m, 1.500 m and 10.000m)

37 euro for 3.000 m **42 euro** for 5.000 m **53 euro** for 10.000 m

The entrance fee for competitors must be paid **before March 1**st **2020** via bank transfer to:

Name of the receiver: MCLN

Address of the receiver: Burgemeester van Baaklaan 22, 3648 XT Wilnis, the Netherlands

Name of the bank: Rabobank

Address of the bank: Postbus 2035, 3440 DA Woerden, the Netherlands

Account receiver (IBAN): NL04 RABO 0195 2051 11

BIC: RABONL2U

12 Accommodation

General

In and around Heerenveen there are many hotels and B&B's. They can easily be found via <u>Booking.com</u>. Information can be found at: <u>www.vvvheerenveen.nl</u>.

Travelling info

Travelling to the Netherlands can be done by plane (to Schiphol Airport), by train or by car. Travelling from Schiphol to Heerenveen can be done by train (the Nederlandse Spoorwegen (NS)). Time schedules and ticket information of all trains in the Netherlands can be found on http://www.ns.nl/en/travellers/home.









13 Additional information

All inquiries should be directed via email to:

MCLN, the 1st Masters' International Thialf Record Races Organizing Committee to the attention of Tjeerd Smies, e-mail: info@schaatscircuit.nl.

Soerendonk, 15th November 2019

Tjeerd Smies c.s.For the Organizing Committee









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