Athletes Info Sheet

Speed Skating

Version 2 – 6.1.2020





Jeefeld

10. - 19. 01. 2020 www.innsbruck2020.com











Athletes Info Sheet | Speed Skating

General Information – Winter World Master Games 2020 2
Games Centre – Your first Stop 2
Master Village3
Further Information5
Venue Information Olympiaworld Innsbruck
Getting here
Changing rooms7
Food & drink at the Olympiaworld Innsbruck7
Venue map
Warm-up area & physiotherapy8
Sport Information Speed Skating9
Athlete Info Meeting
Sport information desk for Speed Skating9
Race office
Race office
Transponders9
Transponders
Transponders
Transponders. 9 Seeding in two groups 10 Preliminary schedule 10 Training. 10
Transponders.9Seeding in two groups10Preliminary schedule10Training.10Medal ceremonies.11
Transponders9Seeding in two groups10Preliminary schedule10Training10Medal ceremonies11Start lists & results lists11





General Information – Winter World Master Games 2020

Games Centre – Your first Stop

The Games Centre is located in the Olympiaworld Innsbruck (Olympiastraße 10) and is the central hub for all athlete services. The Games Centre is where you will receive your welcome bag and any items you purchased online during the registration process (T-shirt, gala evening, etc.). It is also the location of the general information desk, the sport information desks (for specific questions on the respective sports), the transport & tourism stand and our WWMG 2020 merchandising shop.

Accreditation

As an athlete at the WWMG 2020 you will receive accreditation. This shows that you are taking part in the Games as a competitor and will give you access to the places you need to be at the venues. Accreditations can be picked up starting from 8 January 2020 at the Games Centre in the Olympiaworld Innsbruck (Olympiastraße 10). For the first day of the competition (16.01.2020), only the athletes who have picked up their accreditation and transponder by Wednesday 15 January, 4:00pm will be accepted.

Accreditations are personalised documents and therefore non-transferable. When you go to pick up your accreditation you will need a piece of photo ID as well as confirmation of your registration as an athlete for the WWMG 2020. Please wear your accreditation in a clearly visible place at all times while in the venues (except when you are competing). Any misuse of accreditation will result in the accreditation being removed.

Opening hours:	8 January 2020	4:00pm – 8:00pm
	9 & 10 January 2020	10:00am - 8:00pm
	11 January 2020	9:00am - 6:00pm
	12 & 13 January 2020	7:00am - 9:00pm
	14 & 15 January 2020	10:00am - 6:00pm
	16 -19 January 2020	10:00am - 4:00pm

Merchandise

The official merchandise of the Winter World Masters Games 2020 is the perfect way to spread the message in Innsbruck and to take home a souvenir from this major international event. The modern design represents a snowflake, with the individual crystals symbolising the gathering of people from around the world during the WWMG 2020. A selection of products can be ordered online at www.tirolshop.com/wwmg-2020 and during your stay in Innsbruck at the Games Centre, Masters Village and all venues.



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Athlete Photo Service



On selected days, we are offering an athlete photo service (there is a charge for this service). Our photographers position themselves in the most spectacular and beautiful positions, capturing you in action! You can purchase the pictures on site or online. More information and Links can be found here: https://www.innsbruck2020.com/en/participants/services

Medaillen Engraving Service

You want to engrave your name, discipline and result on your won medal? Bring your precious piece of metal to the Masters Village, a medal engraving booth is waiting for you (there is a charge for this service)! For your friends and family at home, you can purchase a commemorative medal – and have it engraved with a charming message too!

Master Village

The Masters Village is the meeting place for all athletes, sports enthusiasts, locals and guests during the Winter World Masters Games 2020. Exciting events and a welcoming atmosphere make the Masters Village an experience to remember. The Masters Village will be located close to the old town, directly in the centre of Innsbruck.

The market with local delicacies, Tyrolean specialties and local arts and crafts will offer plenty of winter flair in heart of the Alps and give visitors the chance to grab a unique souvenir.

Opening Hours: 11:30 am till 10:00 pm (Friday, 17.01. till midnight)

Saturday, 11.01. – Opening Ceremony

We'd like to welcome you to the Official Opening Ceremony of the Winter World Masters Games 2020. It will kick off at **6:00 pm** with the "Athletes Parade" marching through the historic city centre to put you - the athletes – in the spotlight, before the Games will be declared open in the Masters Village in the Maria-Theresien-Straße.

Meeting Point for Athletes:	5:00 pm Landestheatervorplatz
Athletes Parade:	6:00 pm passing the Hofgasse, the golden Roof and welcoming all athletes in die Maria-Theresien-Straße Masters Village
Official Opening Ceremony on Stage:	6:20 pm

Programme details and venue map see page 4.





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MASTERS VILLAGE SCHEDULE 🛓

Saturday 11.01.2020	Sunday 12.01.2020	Monday 13.01.2020	Tuesday 14.01.2020	Wedne: 15.01.2		Thursday 16.01.2020	Friday 17.01.2020	Saturday 18.01.2020	Sunday 19.01.2020
17:00 Meeting Point			OI			ibition Area from 11:30 till 22	:00		
Landestheater		Selected Medal Co	eremonies are beir	ng held in the	Masters \	/illage. More inforr	mation on www.in	nsbruck2020.com	1. 2
18:00 Opening	18:00 Medal Ceremony	18:00 Medal Ceremony	18:00 Medal Ceremony	18:0 Medal Cer		18:00 Medal Ceremony	18:00 Medal Ceremony	18:00 Medal Ceremony	18:00 Medal Ceremon
Ceremony incl. Medal Ceremony	19:00 DJ by Kronehit	19:00 Volunteer & Athletes Stage	19:00 Tiroler Abend Familie Gundolf 20:00 Rumer Muller	19:0 #Fetter Music Sc of Innsb	rGig thool	19:00 Waltz Night by Polai	19:00 DJ PVL by Audioversum	19:00 Holoson & die Antifrisöre Music School of Innsbruck	19:00 Closing Ceremony
20:30 - 22:00 Matakustix	20:30 - 22:00 Chorkuma feat. Anton Zapf	20:30 – 22:00 Dust N Bones presented by Hard Rock Café	20:30 - 22:00 Musikkapelle Oberperfuß	20:30 - 2 Erwin & E		20:30 - 22:00 Inn Seit'n Big Band	21:00 - 00:00 Silent Disco DJ Battle by Audioversum	20:30 - 22:00 Josh	Thank you very much for being part of the WWMG 2020
PORT EVE	NINGS			det		formation regar	ding the evenin	gs on www.innsl	bruck2020.cc
Opening Afterparty	← Sport Evening →	Alpine Skiing	Galadinner	ICE Hockey	Nordic Cluster	Curling	ICE Cluster	Ski Mountaineering	Volunteer Party





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Further Information

Sustainability

Tyrol's beautiful alpine landscape offers a huge range of options when it comes to adventure sports and outdoor activities. In order preserve this stunning nature for future generations, we must protect our environment.

Ecological, economic and social sustainability form a core part of the WWMG 2020. In every decision, we aim to protect our climate, environment and resources as well as to contribute to greater social equality. You too can do your bit to help!

Here are the most important ways in which we show our commitment to making the WWMG 2020 an environmentally sustainable event:

- No new venues have been built for the WWMG 2020. All the venues in Innsbruck and Tirol were already here before the event. With the exception of Kitzbühel, all the venues are no more than 25 kilometres away from Innsbruck and can be easily accessed using public transport.
 - → YOU CAN HELP! Use public transport to get around as a participant in the WWMG you can use public transport free of charge (see "Transport" in the section Venue Information).
- We do our best to use as little water as possible. Tyrol's drinking water is of outstanding quality and comes straight from the mountains.
 - → YOU CAN HELP! Drink tap water instead of mineral water from plastic bottles.
- We are able to save tonnes of waste thanks to reusable plates, dishes, etc. Any rubbish which cannot be avoided is separated and recycled.
 - → YOU CAN HELP! Bring your own drinking bottles and hot drink flasks with you.
- All documents used for the WWMG 2020 are printed in small quantities on FSC / recycled paper. We only print what we really need. All documents are available in digital form and can be downloaded from our website: www.innsbruck2020.com .
 - → YOU CAN HELP! Please only print documents that you really need.
- Volunteering the WWMG 2020 brings people of different sexes, generations, religions, nationalities and backgrounds together. This diverse melting pot helps to foster social cohesion in the region.

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Venue Information | Olympiaworld Innsbruck

The Olympiaworld Innsbruck is the "Ice Cluster" of the Winter World Masters Games 2020. The Olympic Hall will welcome the Figure Skating and Short Track events. The TIWAG Arena will play host to Ice Hockey. The Olympic Speed Skating Oval will be the open-air location for the finals of the Speed Skating. All in all there will be ten days of action in four sports with around 1,000 competitors. Here is an overview of the different sports and competitions in the Olympiaworld Innsbruck:

- Short Track (10.-12.1.): 500m, 1000m, 1500m, Relay
- Figure Skating (13.-19.1.): Men & Ladies Individual, Pairs, Ice Dance, Synchronised
- Speed Skating (16.-18.1.): 500m, 1000m, 1500m, 3000m, 5000m, 10,000m
- Ice Hockey (10.-19.1.): Women, Men 30+, Men 50+

For more information and the full schedule for each sport please visit our website:

https://www.innsbruck2020.com/en/venues/olympiaworld

Getting here

Approaching from the west or east, take the A12 motorway as far as the exit "Innsbruck Mitte", then take the roundabout exit into the centre of the city. You will be able to see the Tivoli Stadium and the Olympic Ice Hall on your left as you enter the city. Approaching from the south, take the A13 motorway as far as the exit "Innsbruck Süd", then take the "Brenner Bundesstraße" (182) road towards Innsbruck. At the crossroads where the road meets the "Egger-Lienz-Straße" (174) road, turn right. Cross over the Olympiabrücke bridge and you will see the Olympiaworld Innsbruck on your right.

Address: Olympiastraße 10, 6020 Innsbruck

Bus and train connections to Olympiaworld Innsbruck

It is very easy to get to Olympiaworld Innsbruck using public transport. For details on bus and train connections visit the websites of the local bus service Verkehrsverbund Tirol (VVT) or the Austrian Federal Railways (ÖBB).

Verkehrsverbund Tirol	IVB
www.vvt.at	https://www.ivb.at/

The following bus stops are near the Olympiaworld Innsbruck:

- Bus line J From: Nordkette, towards: Patscherkofel, bus stop: Landessportzentrum
- Bus line 505

From: Innsbruck Main Train Station, towards: Hall i.T. Neumarkt, bus stop: Olympiaworld

 Bus line T
 From: Mühlauer Brücke / Neu-Rum Kaplanstraße, towards: EKZ-Cyta, bus stop: Olympiaworld







Transport

All accredited participants will be able to use the regional public transport network throughout Tyrol free of charge. If you want more information about getting to the WMMG 2020 venues in and around Innsbruck using public transport, please speak to a member of staff at the Travel Info Desk in the Games Centre at the Olympiaworld. They will be happy to provide you with all the information you need.

Parking

There is a large pay-and-display car park directly next to the Olympiaworld Innsbruck. Participants in the WWMG 2020 are welcome to use these parking facilities.

For more details visit <u>https://www.olympiaworld.at/en/infos-news/parken/</u>or consult the venue map below.

Changing rooms

There are changing rooms available in the Olympiaworld Innsbruck. Please be aware that we assume no liability for loss of or damage to valuables.

Food & drink at the Olympiaworld Innsbruck

There will be several kiosks in the Olympiaworld Innsbruck serving food and drink. Athletes are also welcome to use the Sports Bar.

For more details about the Sports Bar visit: <u>https://www.olympiaworld.at/en/angebote/essen-trinken/</u>.

There are a number of other places near the Olympiaworld Innsbruck serving food and drink. For more information please talk to a member of staff at one of the info points at the venue.

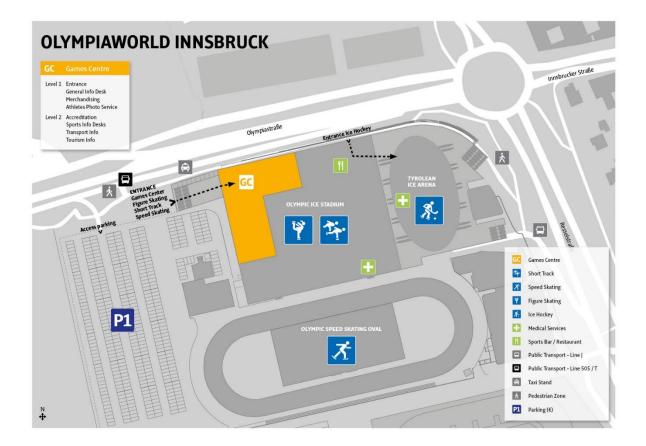
Hot tea will be provided for athletes in the warm-up area in the Olympiaworld Innsbruck. We would also like to once again point out that the tap water in Innsbruck and Tyrol is of outstanding quality.





Venue map





Warm-up area & physiotherapy

The warm-up area is where competitors can prepare for competition. There will be a number of mats and fitness bikes as well as a seating area and a small kiosk.

There will be a physiotherapist from **Base Five** available at your own cost of 30€ / 30min.

Feel free to get an appointment during the opening hours at **Olympiaworld Innsbruck** (contact below):

Friday 10. January till Sunday. 19. January from 11:00 am till 8:00 pm (Sunday, 19th - till 4:00 pm)

Contact Luisa Angebrand E-Mail: <u>Langebrand@basefive.at</u> Phone: +43 664 9119238

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Sport Information | Speed Skating

Athlete Info Meeting

All the most important information about your competitions at the WWMG are provided in this document and at the AIM.

The **Athlete Info Meeting (AIM)** will take place on **Wednesday 15 January 2020 at 4:00pm**. During this meeting you will get **final details and information** on the schedule for the competition days. Day one of competition will only feature athletes who have already picked up their accreditation and transponder. Please let us know by the AIM at the latest if you do not plan to take part in events on day one. A meeting for coaches and support staff will take place after the AIM at **6:00pm**.

Further AIMs will take place on 16 and 17 January 2020. Additional AIMs may be held as and when required.

Locations and times of the AIMs will be announced well in advance at https://www.innsbruck2020.com/en/sport/speed-skating.

Sport information desk for Speed Skating

In the Games Centre (Olympiaworld Innsbruck) you will find the sport information desk for Speed Skating. Once you have picked up your accreditation, please go there to get your transponder (see information below) and an update on all the latest information relevant to your competition. The sport information desk for Speed Skating is open from 14 to 16 January 2020 from 10:00am until 4:00pm.

Race office

The race office for Speed Skating is located in the Olympiaworld Innsbruck. Please go to the Sport Info Desk first. They will lead you to the Race office if necessary. The opening hours during competition time will be communicated at the AIM.

Transponders

Each athlete will receive a transponder at the Sport Information Desk for Speed Skating to be used on each distance including 500 m. The transponder must be worn around the left ankle. It is the responsibility of the athlete that she/he is wearing the transponder on each distance, otherwise the athlete has no race result.

The athlete pays a deposit of \notin 50,- for the use of the transponder. The deposit will be refunded when the athlete hands over the transponder at the Race Office in the Olympiaworld after all races she/he has participated in.



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Seeding in two groups

On each distance the athletes shall be seeded in two groups (a combination of age groups), according to their best time of the season, their best time of an earlier season or their estimated time. The youngest athletes will skate the distances of the competition day in the first group during the morning and the older athletes in the second group in the afternoon. The "split" in oldest and youngest is tuned to the distance combination of that day and can differ per day. You can find an overview of the two groups in the uploaded preliminary start list. Quartet start will be used for all distances.

Preliminary schedule

Thursday	16.01.2020					
500m / 3000m	Group A	8:30am - 1:30pm				
	Group B	2:00pm - 7:30pm				
Friday	17.01.2020					
1500m / 5000n	n Group A	8:30am - 1:30pm				
	Group B	2:00pm - 7:30pm				
Saturday 18.01.2020						
1000m / 10,000	Om Group A	8:30am - 1:30pm				
	Group B	2:00pm - 7:30pm				
Sunday 19.01.2	if required					
Backup	Group A/B					

If a race has to be postponed due to the weather conditions, the remaining races will still be held at the scheduled times. The postponed race will be held on Sunday 19 January 2020.

A detailed schedule will be provided in plenty of time before the WWMG on the Speed Skating page of the WWMG 2020 website.

https://www.innsbruck2020.com/en/sport/speed-skating

Training

Athletes taking part in the Speed Skating competitions will be able to train on the Olympic Speed Skating Oval from Friday 10 January 2020 together with the local ice skating club.

Training sessions will be held at the following times:

10 & 11 January	6:00pm - 8:00pm		
12 January	10:00am - 12:00am		
13 & 14 January	6:00pm - 8:00pm		
15 January	10:00am - 11:30am	3:30pm - 5:00pm	6:00pm - 8:00pm

The Olympic Speed Skating Oval can be accessed via the TIWAG Arena. Training sessions are free of charge. Coaches and support staff are also welcome.



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Medal ceremonies

Medal ceremonies will be held twice a day. The medal ceremonies for Group A, which will compete in the morning, will take place around midday after the end of the last race. The medal ceremonies for group B, which will compete in the afternoon, will take place in the evening after the end of the last race. Medals will be awarded to the top three athletes from each age category.

Details on the location of the medal ceremonies will be provided at the AIM.

Some medal ceremonies will take place in the Masters Village in Innsbruck. We will announce well in advance which disciplines and which age categories will get their medals on the main stage at Maria-Theresien-Straße in the centre of Innsbruck. The decision on which medal ceremonies will take place at Maria-Theresien-Straße will be taken by drawing lots.

Start lists & results lists

During the event you will find all start lists and results lists on our homepage – this information will be updated daily.

A preliminary start list has already been published on the Speed Skating page of the WWMG website: <u>https://www.innsbruck2020.com/en/sport/speed-skating</u>

There you will also find a link to live results.

Competition rules & judges

Details on the competition rules and judges can be found in the announcement on the Speed Skating page of the WWMG website.

https://www.innsbruck2020.com/en/sport/speed-skating

Coaches & support staff (accompanying persons)

Accreditation will be required in order to access the warm-up area and the changing rooms. Spectators are not permitted to access these areas. Accreditation will also be required to access the infield.

Accompanying persons can register on site in the accreditation center.

Spectators can follow the action from the stands.

Sport Evening

There will be a series of Sport Evenings during the WWMG for all participants and helpers. Each will be specific to the respective sport and will vary depending on the sport and venue. The Sport Evening for Speed Skating is scheduled to take place on Friday 17th January 2020 at Casino Innsbruck. Please save the date.



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Further information

Visit www.innsbruck2020.com and Facebook (www.facebook.com/innsbruck2020)

Contact details:

E-mail: welcome@innsbruck-2020.com

Questions about registration and your data on the registration platform Active:

E-mail: registrierung@innsbruck2020.com

Thank you to our partners and sponsors!



Photos: © Innsbruck Tourism/Christof Lackner



