

1. Uitslag 100 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|--------------------|-----|------|------|-------|------|--------|
| 1 | 57 Manuel Leito | HSB | 8 | O | 10.70 | | |
| 2 | 12 Giancarlo Lopez | HB1 | 8 | I | 10.97 | | |
| 3 | 32 Lataesha Narain | DB1 | 7 | O | 11.35 | | |
| 4 | 4 Milou de Lange | DC1 | 4 | O | 11.76 | PR | |
| 5 | 42 Kjell Slenema | HC1 | 4 | I | 11.81 | PR | |
| 6 | 16 Laura Linssen | DC2 | 5 | O | 11.84 | PR | |
| 7 | 10 Elanne de Vries | DC1 | 6 | O | 11.85 | PR | |
| 8 | 45 Kim Zuiver | DN1 | 7 | I | 11.89 | | |
| 9 | 53 Maartje Redder | DC2 | 5 | I | 11.94 | PR | |
| 10 | 27 Lotte Bakker | DB1 | 6 | I | 11.95 | | |
| 11 | 38 Merel Smit | DPD | 3 | O | 14.15 | | |
| 12 | 37 Claudia Leusink | DPB | 1 | O | 14.53 | PR | |
| 13 | 55 Ayla Kaldenbach | DPD | 1 | I | 14.60 | PR | |
| 14 | 36 Sander Leusink | HPE | 3 | I | 14.97 | | |

1. Rituitslag 100 meter

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------------------------|------------------------|---------|------------------------|-------|--------------|------|
| 1 | wt | 55 | Ayla Kaldenbach | | DPD | 14.86 | 14.60 | PR |
| | rd | 37 | Claudia Leusink | | DPB | 14.63 | 14.53 | PR |
| | | Ayla Kaldenbach | | | Claudia Leusink | | | |
| | | 100m | 14.60 | (14.60) | 100m | 14.53 | (14.53) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|------|--|-----|---|----|------|------|
| 2 | gl | | | | | | | |
| | bl | | | | | | | |
| | | m | | | m | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-----------------------|-----------------------|---------|-------------------|-------|--------------|------|
| 3 | wt | 36 | Sander Leusink | | HPE | 13.49 | 14.97 | |
| | rd | 38 | Merel Smit | | DPD | 13.73 | 14.15 | |
| | | Sander Leusink | | | Merel Smit | | | |
| | | 100m | 14.97 | (14.97) | 100m | 14.15 | (14.15) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|----------------------|-----------------------|---------|-----------------------|-------|--------------|------|
| 4 | gl | 42 | Kjell Slenema | | HC1 | 12.99 | 11.81 | PR |
| | bl | 4 | Milou de Lange | | DC1 | 12.19 | 11.76 | PR |
| | | Kjell Slenema | | | Milou de Lange | | | |
| | | 100m | 11.81 | (11.81) | 100m | 11.76 | (11.76) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|-----------------------|-----------------------|---------|----------------------|-------|--------------|------|
| 5 | wt | 53 | Maartje Redder | | DC2 | 12.11 | 11.94 | PR |
| | rd | 16 | Laura Linssen | | DC2 | 11.99 | 11.84 | PR |
| | | Maartje Redder | | | Laura Linssen | | | |
| | | 100m | 11.94 | (11.94) | 100m | 11.84 | (11.84) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|---|----|---------------------------|-------|---------|------------------------|-------|--------------|------|
| 6 | gl | 27 Lotte Bakker | | DB1 | | 11.72 | 11.95 | |
| | bl | 10 Elanne de Vries | | DC1 | | 11.89 | 11.85 | PR |
| | | Lotte Bakker | | | Elanne de Vries | | | |
| | | 100m | 11.95 | (11.95) | 100m | 11.85 | (11.85) | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 7 | wt | 45 Kim Zuiver | | DN1 | | 11.66 | 11.89 | |
| | rd | 32 Lataesha Narain | | DB1 | | 11.11 | 11.35 | |
| | | Kim Zuiver | | | Lataesha Narain | | | |
| | | 100m | 11.89 | (11.89) | 100m | 11.35 | (11.35) | |
| | | Naam | | Cat | | PR | Tijd | Info |
| 8 | gl | 12 Giancarlo Lopez | | HB1 | | 10.83 | 10.97 | |
| | bl | 57 Manuel Leito | | HSB | | 10.52 | 10.70 | |
| | | Giancarlo Lopez | | | Manuel Leito | | | |
| | | 100m | 10.97 | (10.97) | 100m | 10.70 | (10.70) | |

2. Uitslag 500 meter voor 500/1500m

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------|-----|------|------|--------------|------|--------|
| 1 | 39 Jasper Sinke | HB2 | 18 | I | 39.23 | | |
| 2 | 8 Joren Bos | HA2 | 17 | I | 39.96 | PR | |
| 3 | 28 Joshua Lammers | HB2 | 18 | O | 40.27 | | |
| 4 | 3 Kion van Es | HSA | 17 | O | 41.12 | | |
| 5 | 31 Jelle Plug | HC2 | 16 | O | 41.82 | | |
| 6 | 21 Julia de Vos | DC1 | 16 | I | 43.96 | | |
| 7 | 15 Ed de Looze | H50 | 14 | O | 44.23 | | |
| 8 | 49 Jasper Knulst | H45 | 15 | O | 44.30 | | |
| 9 | 17 Sterre Kuijs | DC2 | 15 | I | 44.83 | | |
| 10 | 43 Lucas Melchior | H60 | 14 | I | 45.84 | | |
| 11 | 26 Marlies de Jong | D55 | 13 | I | 48.88 | | |
| 12 | 41 Hedri Vrieling | D50 | 13 | O | 49.13 | | |
| 13 | 6 Fietje van Bochove | DSA | 12 | I | 49.68 | | |
| 14 | 9 Jade Repko | DC2 | 12 | O | 50.40 | | |
| 15 | 1 Andrej Kwadrin | HSB | 11 | O | 52.32 | | |
| 16 | 50 Jan Boldewijn | H45 | 11 | I | 53.44 | | |
| 17 | 22 Johan Jonker | H65 | 10 | O | 53.79 | | |
| 18 | 25 Thea Kroontje | D75 | 10 | I | 53.88 | | |
| 19 | 2 Ad Kemp | H65 | 9 | I | 56.97 | | |

2. Rituitslag 500 meter voor 500/1500m

| | | Naam | Cat | | PR | Tijd | Info |
|---|----|------------------|-------|---------|-------|--------------|------|
| 9 | wt | 2 Ad Kemp | H65 | | 48.48 | 56.97 | |
| | rd | | | | | | |
| | | Ad Kemp | | | | | |
| | | 100m | 15.20 | (15.20) | m | | |
| | | 500m | 56.97 | (41.77) | | | |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|-------------------------|-------|---------|---------------------|--------------|---------|
| 10 | gl | 25 Thea Kroontje | D75 | | 47.51 | 53.88 | |
| | bl | 22 Johan Jonker | H65 | | 46.35 | 53.79 | |
| | | Thea Kroontje | | | Johan Jonker | | |
| | | 100m | 14.90 | (14.90) | 100m | 14.24 | (14.24) |
| | | 500m | 53.88 | (38.98) | 500m | 53.79 | (39.55) |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|-------------------------|-------|---------|-----------------------|--------------|---------|
| 11 | wt | 50 Jan Boldewijn | H45 | | 52.86 | 53.44 | |
| | rd | 1 Andrej Kwadrin | HSB | | 51.42 | 52.32 | |
| | | Jan Boldewijn | | | Andrej Kwadrin | | |
| | | 100m | 14.83 | (14.83) | 100m | 14.13 | (14.13) |
| | | 500m | 53.44 | (38.61) | 500m | 52.32 | (38.19) |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|-----------------------------|-------|---------|-------------------|--------------|---------|
| 12 | gl | 6 Fietje van Bochove | DSA | | 49.26 | 49.68 | |
| | bl | 9 Jade Repko | DC2 | | 50.13 | 50.40 | |
| | | Fietje van Bochove | | | Jade Repko | | |
| | | 100m | 13.57 | (13.57) | 100m | 13.62 | (13.62) |
| | | 500m | 49.68 | (36.11) | 500m | 50.40 | (36.78) |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|---------------------------|-------|---------|-----------------------|--------------|---------|
| 13 | wt | 26 Marlies de Jong | D55 | | 46.84 | 48.88 | |
| | rd | 41 Hedri Vrieling | D50 | | 48.34 | 49.13 | |
| | | Marlies de Jong | | | Hedri Vrieling | | |
| | | 100m | 13.46 | (13.46) | 100m | 13.28 | (13.28) |
| | | 500m | 48.88 | (35.42) | 500m | 49.13 | (35.85) |

| | | Naam | Cat | | PR | Tijd | Info |
|----|----|--------------------------|-------|-----------------------|-------|--------------|---------|
| 14 | gl | 43 Lucas Melchior | H60 | | 43.72 | 45.84 | |
| | bl | 15 Ed de Looze | H50 | | 42.04 | 44.23 | |
| | | Lucas Melchior | | Ed de Looze | | | |
| | | 100m | 12.45 | (12.45) | 100m | 12.29 | (12.29) |
| | | 500m | 45.84 | (33.39) | 500m | 44.23 | (31.94) |
| | | Naam | Cat | | PR | Tijd | Info |
| 15 | wt | 17 Sterre Kuijs | DC2 | | 43.88 | 44.83 | |
| | rd | 49 Jasper Knulst | H45 | | 43.58 | 44.30 | |
| | | Sterre Kuijs | | Jasper Knulst | | | |
| | | 100m | 12.49 | (12.49) | 100m | 11.96 | (11.96) |
| | | 500m | 44.83 | (32.34) | 500m | 44.30 | (32.34) |
| | | Naam | Cat | | PR | Tijd | Info |
| 16 | gl | 21 Julia de Vos | DC1 | | 42.85 | 43.96 | |
| | bl | 31 Jelle Plug | HC2 | | 41.19 | 41.82 | |
| | | Julia de Vos | | Jelle Plug | | | |
| | | 100m | 11.79 | (11.79) | 100m | 11.49 | (11.49) |
| | | 500m | 43.96 | (32.17) | 500m | 41.82 | (30.33) |
| | | Naam | Cat | | PR | Tijd | Info |
| 17 | wt | 8 Joren Bos | HA2 | | 40.41 | 39.96 | PR |
| | rd | 3 Kion van Es | HSA | | 40.24 | 41.12 | |
| | | Joren Bos | | Kion van Es | | | |
| | | 100m | 11.07 | (11.07) | 100m | 11.24 | (11.24) |
| | | 500m | 39.96 | (28.89) | 500m | 41.12 | (29.88) |
| | | Naam | Cat | | PR | Tijd | Info |
| 18 | gl | 39 Jasper Sinke | HB2 | | 39.12 | 39.23 | |
| | bl | 28 Joshua Lammers | HB2 | | 38.58 | 40.27 | |
| | | Jasper Sinke | | Joshua Lammers | | | |
| | | 100m | 10.73 | (10.73) | 100m | 10.81 | (10.81) |
| | | 500m | 39.23 | (28.50) | 500m | 40.27 | (29.46) |

3. Uitslag 500 meter voor 500m/1000m

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|---|-----|------|------|--------------|------|--------|
| 1 | 48 Jacco Efdé | HN1 | 28 | O | 37.35 | | |
| 2 | 47 Dyon Talsma | HA1 | 27 | O | 39.36 | | |
| 3 | 54 Ruben Ribbink | HB1 | 27 | I | 39.61 | | |
| 4 | 34 Danny Heijkoop | HA1 | 26 | O | 41.30 | | |
| 5 | 40 Ruud Willems | HSB | 25 | I | 42.55 | | |
| 6 | 24 Mijke Anne Kanneworff | DSB | 25 | O | 42.82 | | |
| | 7 Brent Bos | HB2 | 26 | I | 42.82 | | |
| 8 | 20 Hans Nollet | HSB | 24 | I | 43.33 | | |
| 9 | 5 Thijs Hunink | HSA | 23 | I | 45.20 | | |
| 10 | 33 Ivar Adriaansen | HC2 | 22 | I | 46.23 | | |
| 11 | 11 Bloem Bouwman | DC1 | 22 | O | 49.59 | | |
| 12 | 44 Mariska van Haften- van den Bosch | D55 | 21 | I | 51.38 | | |
| 13 | 18 Linde Rijnders | DB1 | 21 | O | 51.85 | | |
| 14 | 56 Yasmin Kaldenbach | DB1 | 19 | O | 52.03 | | |
| 15 | 29 Bram de Vries | H75 | 19 | I | 52.25 | | |
| | 51 Sanne Westra | DB2 | 24 | O | DNF | | |
| | 14 Kees de Ruijter | HC2 | 23 | O | DNS | | |

3. Rituitslag 500 meter voor 500m/1000m

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|----------------------|--------------------------|---------|--------------------------|-------|--------------|------|
| 19 | wt | 29 | Bram de Vries | | H75 | 44.64 | 52.25 | |
| | rd | 56 | Yasmin Kaldenbach | | DB1 | 51.33 | 52.03 | |
| | | <u>Bram de Vries</u> | | | <u>Yasmin Kaldenbach</u> | | | |
| | | 100m | 14.23 | (14.23) | 100m | 13.53 | (13.53) | |
| | | 500m | 52.25 | (38.02) | 500m | 52.03 | (38.50) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---|-----|--|----|------|------|
| 20 | gl | | | | | | | |
| | bl | | | | | | | |
| | | | m | | | | | |
| | | | | | | | | |
| | | | m | | | | | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|--|--|---------|-----------------------|-------|--------------|------|
| 21 | wt | 44 | Mariska van Haften- van den Bosch | | D55 | 47.75 | 51.38 | |
| | rd | 18 | Linde Rijnders | | DB1 | 50.23 | 51.85 | |
| | | <u>Mariska van Haften- van den Bosch</u> | | | <u>Linde Rijnders</u> | | | |
| | | 100m | 13.65 | (13.65) | 100m | 13.66 | (13.66) | |
| | | 500m | 51.38 | (37.73) | 500m | 51.85 | (38.19) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------------------------|------------------------|---------|----------------------|-------|--------------|------|
| 22 | gl | 33 | Ivar Adriaansen | | HC2 | 45.70 | 46.23 | |
| | bl | 11 | Bloem Bouwman | | DC1 | 48.71 | 49.59 | |
| | | <u>Ivar Adriaansen</u> | | | <u>Bloem Bouwman</u> | | | |
| | | 100m | 12.25 | (12.25) | 100m | 13.19 | (13.19) | |
| | | 500m | 46.23 | (33.98) | 500m | 49.59 | (36.40) | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|---------------------|------------------------|---------|------------------------|-------|--------------|------|
| 23 | wt | 5 | Thijs Hunink | | HSA | 45.03 | 45.20 | |
| | rd | 14 | Kees de Ruijter | | HC2 | 44.23 | DNS | |
| | | <u>Thijs Hunink</u> | | | <u>Kees de Ruijter</u> | | | |
| | | 100m | 12.24 | (12.24) | | | | |
| | | 500m | 45.20 | (32.96) | | | | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|---------------------------------|---------------|------------------------------|---------------|------|
| 24 | gl | 20 Hans Nollet | HSB | 42.95 | 43.33 | |
| | bl | 51 Sanne Westra | DB2 | 41.78 | DNF | |
| | | Hans Nollet | | Sanne Westra | | |
| | | 100m | 11.49 (11.49) | | | |
| | | 500m | 43.33 (31.84) | | | |
| | | Naam | Cat | PR | Tijd | Info |
| 25 | wt | 40 Ruud Willems | HSB | 41.49 | 42.55 | |
| | rd | 24 Mijke Anne Kannevorff | DSB | 41.29 | 42.82 | |
| | | Ruud Willems | | Mijke Anne Kannevorff | | |
| | | 100m | 11.62 (11.62) | 100m | 11.47 (11.47) | |
| | | 500m | 42.55 (30.93) | 500m | 42.82 (31.35) | |
| | | Naam | Cat | PR | Tijd | Info |
| 26 | gl | 7 Brent Bos | HB2 | 41.15 | 42.82 | |
| | bl | 34 Danny Heijkoop | HA1 | 40.40 | 41.30 | |
| | | Brent Bos | | Danny Heijkoop | | |
| | | 100m | 11.68 (11.68) | 100m | 11.37 (11.37) | |
| | | 500m | 42.82 (31.14) | 500m | 41.30 (29.93) | |
| | | Naam | Cat | PR | Tijd | Info |
| 27 | wt | 54 Ruben Ribbink | HB1 | 38.98 | 39.61 | |
| | rd | 47 Dyon Talsma | HA1 | 38.39 | 39.36 | |
| | | Ruben Ribbink | | Dyon Talsma | | |
| | | 100m | 10.84 (10.84) | 100m | 11.00 (11.00) | |
| | | 500m | 39.61 (28.77) | 500m | 39.36 (28.36) | |
| | | Naam | Cat | PR | Tijd | Info |
| 28 | gl | 48 Jacco Efdé | HN1 | 37.05 | 37.35 | |
| | bl | | | | | |
| | | Jacco Efdé | | | | |
| | | m | | 100m | 10.44 (10.44) | |
| | | | | 500m | 37.35 (26.91) | |

4. Uitslag 500 meter voor 100m/300m/500m

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|--------------------|-----|------|------|-------|------|--------|
| 1 | 57 Manuel Leito | HSB | 36 | I | 39.47 | | |
| 2 | 12 Giancarlo Lopez | HB1 | 36 | O | 40.46 | | |
| 3 | 32 Lataesha Narain | DB1 | 35 | O | 43.46 | | |
| 4 | 10 Elanne de Vries | DC1 | 34 | I | 43.90 | | |
| 5 | 45 Kim Zuiver | DN1 | 35 | I | 44.05 | | |
| 6 | 4 Milou de Lange | DC1 | 34 | O | 44.09 | | |
| 7 | 53 Maartje Redder | DC2 | 32 | I | 44.63 | | |
| 8 | 27 Lotte Bakker | DB1 | 33 | O | 45.49 | | |
| 9 | 16 Laura Linssen | DC2 | 33 | I | 45.88 | | |
| 10 | 42 Kjell Slenema | HC1 | 32 | O | 46.58 | | |
| 11 | 36 Sander Leusink | HPE | 31 | I | 55.65 | PR | |
| 12 | 38 Merel Smit | DPD | 31 | O | 57.49 | | |
| 13 | 37 Claudia Leusink | DPB | 29 | O | 59.13 | PR | |
| 14 | 55 Ayla Kaldenbach | DPD | 29 | I | 59.63 | PR | |

4. Rituitslag 500 meter voor 100m/300m/500m

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|------------------------|-------|---------|---------|------------------------|---------|
| 29 | wt | 55 | Ayla Kaldenbach | | DPD | 1:01.69 | 59.63 | PR |
| | rd | 37 | Claudia Leusink | | DPB | 59.94 | 59.13 | PR |
| | | | Ayla Kaldenbach | | | | Claudia Leusink | |
| | | | 100m | 15.04 | (15.04) | 100m | 14.87 | (14.87) |
| | | | 500m | 59.63 | (44.59) | 500m | 59.13 | (44.26) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|---|-----|--|----|------|------|
| 30 | gl | | | | | | | |
| | bl | | | | | | | |
| | | | m | | | | m | |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-----------------------|-------|---------|-------|-------------------|---------|
| 31 | wt | 36 | Sander Leusink | | HPE | 55.76 | 55.65 | PR |
| | rd | 38 | Merel Smit | | DPD | 56.41 | 57.49 | |
| | | | Sander Leusink | | | | Merel Smit | |
| | | | 100m | 14.02 | (14.02) | 100m | 14.19 | (14.19) |
| | | | 500m | 55.65 | (41.63) | 500m | 57.49 | (43.30) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|-----------------------|-------|---------|-------|----------------------|---------|
| 32 | gl | 53 | Maartje Redder | | DC2 | 44.48 | 44.63 | |
| | bl | 42 | Kjell Slenema | | HC1 | 45.85 | 46.58 | |
| | | | Maartje Redder | | | | Kjell Slenema | |
| | | | 100m | 12.13 | (12.13) | 100m | 12.21 | (12.21) |
| | | | 500m | 44.63 | (32.50) | 500m | 46.58 | (34.37) |

| | | Naam | | Cat | | PR | Tijd | Info |
|----|----|------|----------------------|-------|---------|-------|---------------------|---------|
| 33 | wt | 16 | Laura Linssen | | DC2 | 44.25 | 45.88 | |
| | rd | 27 | Lotte Bakker | | DB1 | 43.46 | 45.49 | |
| | | | Laura Linssen | | | | Lotte Bakker | |
| | | | 100m | 12.19 | (12.19) | 100m | 12.32 | (12.32) |
| | | | 500m | 45.88 | (33.69) | 500m | 45.49 | (33.17) |

| | | Naam | | | Cat | | | PR | Tijd | Info | |
|----|----|------------------------|------------------------|---------|-----------------------|-------|---------|-------|--------------|------|--|
| 34 | gl | 10 | Elanne de Vries | | DC1 | | | 43.41 | 43.90 | | |
| | bl | 4 | Milou de Lange | | DC1 | | | 43.41 | 44.09 | | |
| | | <u>Elanne de Vries</u> | | | <u>Milou de Lange</u> | | | | | | |
| | | 100m | 12.05 | (12.05) | 100m | 12.06 | (12.06) | | | | |
| | | 500m | 43.90 | (31.85) | 500m | 44.09 | (32.03) | | | | |

| | | Naam | | | Cat | | | PR | Tijd | Info | |
|----|----|-------------------|------------------------|---------|------------------------|-------|---------|-------|--------------|------|--|
| 35 | wt | 45 | Kim Zuiver | | DN1 | | | 43.15 | 44.05 | | |
| | rd | 32 | Lataesha Narain | | DB1 | | | 41.20 | 43.46 | | |
| | | <u>Kim Zuiver</u> | | | <u>Lataesha Narain</u> | | | | | | |
| | | 100m | 11.92 | (11.92) | 100m | 11.49 | (11.49) | | | | |
| | | 500m | 44.05 | (32.13) | 500m | 43.46 | (31.97) | | | | |

| | | Naam | | | Cat | | | PR | Tijd | Info | |
|----|----|---------------------|------------------------|---------|------------------------|-------|---------|-------|--------------|------|--|
| 36 | gl | 57 | Manuel Leito | | HSB | | | 38.44 | 39.47 | | |
| | bl | 12 | Giancarlo Lopez | | HB1 | | | 39.34 | 40.46 | | |
| | | <u>Manuel Leito</u> | | | <u>Giancarlo Lopez</u> | | | | | | |
| | | 100m | 10.88 | (10.88) | 100m | 11.18 | (11.18) | | | | |
| | | 500m | 39.47 | (28.59) | 500m | 40.46 | (29.28) | | | | |

5. Uitslag 1500 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|----------------------|-----|------|------|---------|------|--------|
| 1 | 39 Jasper Sinke | HB2 | 46 | I | 2:00.35 | PR | |
| 2 | 8 Joren Bos | HA2 | 45 | I | 2:01.72 | PR | |
| 3 | 3 Kion van Es | HSA | 46 | O | 2:04.23 | | |
| 4 | 28 Joshua Lammers | HB2 | 45 | O | 2:05.19 | | |
| 5 | 31 Jelle Plug | HC2 | 44 | O | 2:11.65 | | |
| 6 | 49 Jasper Knulst | H45 | 43 | I | 2:14.41 | | |
| 7 | 17 Sterre Kuijs | DC2 | 44 | I | 2:18.27 | | |
| 8 | 26 Marlies de Jong | D55 | 41 | I | 2:28.42 | | |
| 9 | 41 Hedri Vrieling | D50 | 40 | I | 2:29.44 | | |
| 10 | 43 Lucas Melchior | H60 | 42 | O | 2:29.80 | | |
| 11 | 6 Fietje van Bochove | DSA | 41 | O | 2:31.26 | | |
| 12 | 1 Andrej Kwadrin | HSB | 39 | I | 2:36.01 | PR | |
| 13 | 50 Jan Boldewijn | H45 | 40 | O | 2:36.59 | PR | |
| 14 | 22 Johan Jonker | H65 | 39 | O | 2:40.99 | | |
| 15 | 9 Jade Repko | DC2 | 37 | I | 2:41.95 | PR | |
| 16 | 25 Thea Kroontje | D75 | 38 | I | 2:42.05 | | |
| 17 | 2 Ad Kemp | H65 | 38 | O | 2:45.83 | | |
| | 15 Ed de Looze | H50 | 43 | O | | DQ | |
| | 21 Julia de Vos | DC1 | | | | WDR | |

5. Rituitslag 1500 meter

| | | Naam | Cat | PR | Tijd | Info |
|----|----------|---------------------|-----|---------|----------------|------|
| 37 | wt rd | 9 Jade Repko | DC2 | 2:56.40 | 2:41.95 | PR |

Jade Repko

| | | | |
|-------|---------|---------|---|
| 300m | 33.51 | (33.51) | m |
| 700m | 1:14.22 | (40.71) | |
| 1100m | 1:58.35 | (44.13) | |
| 1500m | 2:41.95 | (43.60) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------|-----|---------|----------------|------|
| 38 | gl | 25 Thea Kroontje | D75 | 2:20.69 | 2:42.05 | |
| | bl | 2 Ad Kemp | H65 | 2:23.60 | 2:45.83 | |

Thea Kroontje

| | | |
|-------|---------|---------|
| 300m | 36.27 | (36.27) |
| 700m | 1:17.42 | (41.15) |
| 1100m | 1:59.30 | (41.88) |
| 1500m | 2:42.05 | (42.75) |

Ad Kemp

| | | |
|-------|---------|---------|
| 300m | 37.02 | (37.02) |
| 700m | 1:19.00 | (41.98) |
| 1100m | 2:02.28 | (43.28) |
| 1500m | 2:45.83 | (43.55) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-------------------------|-----|---------|----------------|------|
| 39 | wt | 1 Andrej Kwadrin | HSB | 2:39.71 | 2:36.01 | PR |
| | rd | 22 Johan Jonker | H65 | 2:18.37 | 2:40.99 | |

Andrej Kwadrin

| | | |
|-------|---------|---------|
| 300m | 33.13 | (33.13) |
| 700m | 1:11.43 | (38.30) |
| 1100m | 1:52.42 | (40.99) |
| 1500m | 2:36.01 | (43.59) |

Johan Jonker

| | | |
|-------|---------|---------|
| 300m | 35.59 | (35.59) |
| 700m | 1:16.34 | (40.75) |
| 1100m | 1:58.02 | (41.68) |
| 1500m | 2:40.99 | (42.97) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 40 | gl | 41 Hedri Vrieling | D50 | 2:25.63 | 2:29.44 | |
| | bl | 50 Jan Boldewijn | H45 | 2:36.69 | 2:36.59 | PR |

Hedri Vrieling

| | | |
|-------|---------|---------|
| 300m | 32.28 | (32.28) |
| 700m | 1:09.63 | (37.35) |
| 1100m | 1:48.75 | (39.12) |
| 1500m | 2:29.44 | (40.69) |

Jan Boldewijn

| | | |
|-------|---------|---------|
| 300m | 34.89 | (34.89) |
| 700m | 1:13.82 | (38.93) |
| 1100m | 1:54.54 | (40.72) |
| 1500m | 2:36.59 | (42.05) |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|-----------------------------|-----|---------|---------------------------|------|
| 41 | wt | 26 Marlies de Jong | D55 | 2:22.42 | 2:28.42 | |
| | rd | 6 Fietje van Bochove | DSA | 2:30.60 | 2:31.26 | |
| | | <u>Marlies de Jong</u> | | | <u>Fietje van Bochove</u> | |
| | | 300m 31.92 (31.92) | | | 300m 32.69 (32.69) | |
| | | 700m 1:09.13 (37.21) | | | 700m 1:10.50 (37.81) | |
| | | 1100m 1:47.99 (38.86) | | | 1100m 1:50.27 (39.77) | |
| | | 1500m 2:28.42 (40.43) | | | 1500m 2:31.26 (40.99) | |
| | | Naam | Cat | PR | Tijd | Info |
| 42 | gl | 21 Julia de Vos | DC1 | 2:18.62 | WDR | |
| | bl | 43 Lucas Melchior | H60 | 2:15.52 | 2:29.80 | |
| | | <u>Julia de Vos</u> | | | <u>Lucas Melchior</u> | |
| | | | | | 300m 30.66 (30.66) | |
| | | | | | 700m 1:07.58 (36.92) | |
| | | | | | 1100m 1:47.40 (39.82) | |
| | | | | | 1500m 2:29.80 (42.40) | |
| | | Naam | Cat | PR | Tijd | Info |
| 43 | wt | 49 Jasper Knulst | H45 | 2:13.80 | 2:14.41 | |
| | rd | 15 Ed de Looze | H50 | 2:03.01 | DQ | |
| | | <u>Jasper Knulst</u> | | | <u>Ed de Looze</u> | |
| | | 300m 28.81 (28.81) | | | 300m 30.19 (30.19) | |
| | | 700m 1:02.08 (33.27) | | | 700m 1:03.88 (33.69) | |
| | | 1100m 1:37.28 (35.20) | | | 1100m 1:39.12 (35.24) | |
| | | 1500m 2:14.41 (37.13) | | | 1500m 2:13.65 (34.53) | |
| | | Naam | Cat | PR | Tijd | Info |
| 44 | gl | 17 Sterre Kuijs | DC2 | 2:12.19 | 2:18.27 | |
| | bl | 31 Jelle Plug | HC2 | 2:06.09 | 2:11.65 | |
| | | <u>Sterre Kuijs</u> | | | <u>Jelle Plug</u> | |
| | | 300m 29.74 (29.74) | | | 300m 27.70 (27.70) | |
| | | 700m 1:04.43 (34.69) | | | 700m 1:00.08 (32.38) | |
| | | 1100m 1:41.05 (36.62) | | | 1100m 1:35.07 (34.99) | |
| | | 1500m 2:18.27 (37.22) | | | 1500m 2:11.65 (36.58) | |

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| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|---------------------|-----------------------|---------|-----------------------|---------|----------------|------|
| 45 | wt | 8 | Joren Bos | | HA2 | 2:02.98 | 2:01.72 | PR |
| | rd | 28 | Joshua Lammers | | HB2 | 2:01.99 | 2:05.19 | |
| | | Joren Bos | | | Joshua Lammers | | | |
| | | 300m | 26.60 | (26.60) | 300m | 26.86 | (26.86) | |
| | | 700m | 56.36 | (29.76) | 700m | 57.33 | (30.47) | |
| | | 1100m | 1:28.08 | (31.72) | 1100m | 1:29.92 | (32.59) | |
| | | 1500m | 2:01.72 | (33.64) | 1500m | 2:05.19 | (35.27) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 46 | gl | 39 | Jasper Sinke | | HB2 | 2:00.95 | 2:00.35 | PR |
| | bl | 3 | Kion van Es | | HSA | 2:01.48 | 2:04.23 | |
| | | Jasper Sinke | | | Kion van Es | | | |
| | | 300m | 26.13 | (26.13) | 300m | 26.71 | (26.71) | |
| | | 700m | 55.28 | (29.15) | 700m | 56.86 | (30.15) | |
| | | 1100m | 1:26.77 | (31.49) | 1100m | 1:29.47 | (32.61) | |
| | | 1500m | 2:00.35 | (33.58) | 1500m | 2:04.23 | (34.76) | |

6. Uitslag 300 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|--------------------|-----|------|------|-------|------|--------|
| 1 | 57 Manuel Leito | HSB | 54 | O | 25.07 | PR | |
| 2 | 12 Giancarlo Lopez | HB1 | 54 | I | 26.08 | | |
| 3 | 32 Lataesha Narain | DB1 | 53 | I | 27.13 | | |
| 4 | 10 Elanne de Vries | DC1 | 53 | O | 28.10 | | |
| 5 | 45 Kim Zuiver | DN1 | 51 | O | 28.11 | | |
| 6 | 27 Lotte Bakker | DB1 | 52 | O | 28.21 | | |
| 7 | 4 Milou de Lange | DC1 | 51 | I | 28.23 | PR | |
| 8 | 42 Kjell Slenema | HC1 | 50 | I | 28.58 | PR | |
| 9 | 53 Maartje Redder | DC2 | 50 | O | 28.64 | PR | |
| 10 | 16 Laura Linssen | DC2 | 52 | I | 28.68 | | |
| 11 | 36 Sander Leusink | HPE | 49 | O | 34.70 | | |
| 12 | 38 Merel Smit | DPD | 49 | I | 35.49 | | |
| 13 | 37 Claudia Leusink | DPB | 47 | I | 36.52 | | |
| 14 | 55 Ayla Kaldenbach | DPD | 47 | O | 36.85 | PR | |

6. Rituitslag 300 meter

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|------------------------|------------------------|---------|------------------------|-------|--------------|------|--|
| 47 | wt | 37 | Claudia Leusink | | DPB | 36.47 | 36.52 | | |
| | rd | 55 | Ayla Kaldenbach | | DPD | 37.18 | 36.85 | PR | |
| | | <u>Claudia Leusink</u> | | | <u>Ayla Kaldenbach</u> | | | | |
| | | 300m | 36.52 | (36.52) | 300m | 36.85 | (36.85) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|----------|--|-----|----------|----|------|------|--|
| 48 | gl | | | | | | | | |
| | bl | | | | | | | | |
| | | <u>m</u> | | | <u>m</u> | | | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|-------------------|-----------------------|---------|-----------------------|-------|--------------|------|--|
| 49 | wt | 38 | Merel Smit | | DPD | 34.22 | 35.49 | | |
| | rd | 36 | Sander Leusink | | HPE | 33.75 | 34.70 | | |
| | | <u>Merel Smit</u> | | | <u>Sander Leusink</u> | | | | |
| | | 300m | 35.49 | (35.49) | 300m | 34.70 | (34.70) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|----------------------|-----------------------|---------|-----------------------|-------|--------------|------|--|
| 50 | gl | 42 | Kjell Slenema | | HC1 | 29.58 | 28.58 | PR | |
| | bl | 53 | Maartje Redder | | DC2 | 29.26 | 28.64 | PR | |
| | | <u>Kjell Slenema</u> | | | <u>Maartje Redder</u> | | | | |
| | | 300m | 28.58 | (28.58) | 300m | 28.64 | (28.64) | | |

| | | Naam | | Cat | | PR | Tijd | Info | |
|----|----|-----------------------|-----------------------|---------|-------------------|-------|--------------|------|--|
| 51 | wt | 4 | Milou de Lange | | DC1 | 29.19 | 28.23 | PR | |
| | rd | 45 | Kim Zuiver | | DN1 | 27.68 | 28.11 | | |
| | | <u>Milou de Lange</u> | | | <u>Kim Zuiver</u> | | | | |
| | | 300m | 28.23 | (28.23) | 300m | 28.11 | (28.11) | | |

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| | | Naam | Cat | PR | Tijd | Info |
|----|----|---------------------------|-----|--------------------|--------------|------------------------|
| 52 | gl | 16 Laura Linssen | DC2 | 28.43 | 28.68 | |
| | bl | 27 Lotte Bakker | DB1 | 28.04 | 28.21 | |
| | | Laura Linssen | | | | Lotte Bakker |
| | | 300m 28.68 (28.68) | | 300m 28.21 (28.21) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 53 | wt | 32 Lataesha Narain | DB1 | 26.34 | 27.13 | |
| | rd | 10 Elanne de Vries | DC1 | 28.00 | 28.10 | |
| | | Lataesha Narain | | | | Elanne de Vries |
| | | 300m 27.13 (27.13) | | 300m 28.10 (28.10) | | |
| | | Naam | Cat | PR | Tijd | Info |
| 54 | gl | 12 Giancarlo Lopez | HB1 | 25.45 | 26.08 | |
| | bl | 57 Manuel Leito | HSB | 25.21 | 25.07 | PR |
| | | Giancarlo Lopez | | | | Manuel Leito |
| | | 300m 26.08 (26.08) | | 300m 25.07 (25.07) | | |

7. Uitslag 1000 meter

| Pos | Naam | Cat | Paar | Baan | Tijd | Info | Punten |
|-----|---------------------------------------|-----|------|------|---------|------|--------|
| 1 | 35 Harm Visser | HA2 | 64 | O | 1:14.79 | | |
| 2 | 48 Jacco Efdé | HN1 | 64 | I | 1:17.19 | | |
| 3 | 47 Dyon Talsma | HA1 | 63 | I | 1:18.62 | | |
| 4 | 34 Danny Heijkoop | HA1 | 62 | I | 1:21.80 | | |
| 5 | 54 Ruben Ribbink | HB1 | 63 | O | 1:23.47 | | |
| 6 | 40 Ruud Willems | HSB | 61 | I | 1:24.06 | | |
| 7 | 7 Brent Bos | HB2 | 61 | O | 1:24.39 | | |
| 8 | 51 Sanne Westra | DB2 | 62 | O | 1:24.61 | | |
| 9 | 24 Mijke Anne Kanneworff | DSB | 60 | I | 1:26.57 | | |
| 10 | 20 Hans Nollet | HSB | 60 | O | 1:27.44 | | |
| 11 | 5 Thijs Hunink | HSA | 59 | O | 1:31.12 | | |
| 12 | 33 Ivar Adriaansen | HC2 | 58 | I | 1:33.49 | PR | |
| 13 | 44 Mariska van Haaften- van den Bosch | D55 | 57 | O | 1:43.00 | | |
| 14 | 11 Bloem Bouwman | DC1 | 58 | O | 1:45.31 | | |
| 15 | 29 Bram de Vries | H75 | 57 | I | 1:45.69 | | |
| 16 | 56 Yasmin Kaldenbach | DB1 | 55 | I | 1:47.15 | | |
| 17 | 18 Linde Rijnders | DB1 | 55 | O | 1:47.48 | | |
| | 14 Kees de Ruijter | HC2 | 59 | I | DNS | | |

7. Rituitslag 1000 meter

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|--------------------------|---------|---------|---------|-----------------------|----------------|------|
| 55 | wt | 56 | Yasmin Kaldenbach | | DB1 | 1:45.83 | | 1:47.15 | |
| | rd | 18 | Linde Rijnders | | DB1 | 1:42.50 | | 1:47.48 | |
| | | | Yasmin Kaldenbach | | | | Linde Rijnders | | |
| | | | 200m | 24.12 | (24.12) | 200m | 23.99 | (23.99) | |
| | | | 600m | 1:04.79 | (40.67) | 600m | 1:04.43 | (40.44) | |
| | | | 1000m | 1:47.15 | (42.36) | 1000m | 1:47.48 | (43.05) | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|---|-----|--|----|---|------|------|
| 56 | gl | | | | | | | | |
| | bl | | | | | | | | |
| | | | m | | | | m | | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|--|---------|---------|---------|--|----------------|------|
| 57 | wt | 29 | Bram de Vries | | H75 | 1:29.98 | | 1:45.69 | |
| | rd | 44 | Mariska van Haften- van den Bosch | | D55 | 1:39.62 | | 1:43.00 | |
| | | | Bram de Vries | | | | Mariska van Haften- van den Bosch | | |
| | | | 200m | 24.43 | (24.43) | 200m | 23.97 | (23.97) | |
| | | | 600m | 1:03.19 | (38.76) | 600m | 1:01.88 | (37.91) | |
| | | | 1000m | 1:45.69 | (42.50) | 1000m | 1:43.00 | (41.12) | |

| | | Naam | | Cat | | PR | | Tijd | Info |
|----|----|------|------------------------|---------|---------|---------|----------------------|----------------|------|
| 58 | gl | 33 | Ivar Adriaansen | | HC2 | 1:35.78 | | 1:33.49 | PR |
| | bl | 11 | Bloem Bouwman | | DC1 | 1:42.11 | | 1:45.31 | |
| | | | Ivar Adriaansen | | | | Bloem Bouwman | | |
| | | | 200m | 21.25 | (21.25) | 200m | 24.09 | (24.09) | |
| | | | 600m | 56.31 | (35.06) | 600m | 1:04.29 | (40.20) | |
| | | | 1000m | 1:33.49 | (37.18) | 1000m | 1:45.31 | (41.02) | |

| | | Naam | Cat | PR | Tijd | Info |
|----|----|---------------------------------|---------|---------|---------------------|-----------------|
| 59 | wt | 14 Kees de Ruijter | HC2 | 1:28.78 | | DNS |
| | rd | 5 Thijs Hunink | HSA | 1:30.51 | | 1:31.12 |
| | | <u>Kees de Ruijter</u> | | | <u>Thijs Hunink</u> | |
| | | | | 200m | 21.51 | (21.51) |
| | | | | 600m | 55.10 | (33.59) |
| | | | | 1000m | 1:31.12 | (36.02) |
| | | Naam | Cat | PR | Tijd | Info |
| 60 | gl | 24 Mijke Anne Kannevorff | DSB | 1:24.60 | | 1:26.57 |
| | bl | 20 Hans Nollet | HSB | 1:26.51 | | 1:27.44 |
| | | <u>Mijke Anne Kannevorff</u> | | | <u>Hans Nollet</u> | |
| | | 200m | 19.99 | (19.99) | 200m | 20.13 (20.13) |
| | | 600m | 52.28 | (32.29) | 600m | 52.11 (31.98) |
| | | 1000m | 1:26.57 | (34.29) | 1000m | 1:27.44 (35.33) |
| | | Naam | Cat | PR | Tijd | Info |
| 61 | wt | 40 Ruud Willems | HSB | 1:21.59 | | 1:24.06 |
| | rd | 7 Brent Bos | HB2 | 1:22.17 | | 1:24.39 |
| | | <u>Ruud Willems</u> | | | <u>Brent Bos</u> | |
| | | 200m | 19.72 | (19.72) | 200m | 19.40 (19.40) |
| | | 600m | 50.61 | (30.89) | 600m | 49.89 (30.49) |
| | | 1000m | 1:24.06 | (33.45) | 1000m | 1:24.39 (34.50) |
| | | Naam | Cat | PR | Tijd | Info |
| 62 | gl | 34 Danny Heijkoop | HA1 | 1:21.12 | | 1:21.80 |
| | bl | 51 Sanne Westra | DB2 | 1:21.53 | | 1:24.61 |
| | | <u>Danny Heijkoop</u> | | | <u>Sanne Westra</u> | |
| | | 200m | 18.90 | (18.90) | 200m | 20.40 (20.40) |
| | | 600m | 48.89 | (29.99) | 600m | 51.18 (30.78) |
| | | 1000m | 1:21.80 | (32.91) | 1000m | 1:24.61 (33.43) |

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| | | Naam | | | Cat | PR | Tijd | Info |
|----|----|--------------------|----------------------|---------|----------------------|---------|----------------|------|
| 63 | wt | 47 | Dyon Talsma | | HA1 | 1:16.19 | 1:18.62 | |
| | rd | 54 | Ruben Ribbink | | HB1 | 1:20.09 | 1:23.47 | |
| | | Dyon Talsma | | | Ruben Ribbink | | | |
| | | 200m | 18.57 | (18.57) | 200m | 19.26 | (19.26) | |
| | | 600m | 47.98 | (29.41) | 600m | 49.88 | (30.62) | |
| | | 1000m | 1:18.62 | (30.64) | 1000m | 1:23.47 | (33.59) | |
| | | Naam | | | Cat | PR | Tijd | Info |
| 64 | gl | 48 | Jacco Efdé | | HN1 | 1:13.18 | 1:17.19 | |
| | bl | 35 | Harm Visser | | HA2 | 1:13.22 | 1:14.79 | |
| | | Jacco Efdé | | | Harm Visser | | | |
| | | 200m | 17.64 | (17.64) | 200m | 17.77 | (17.77) | |
| | | 600m | 45.01 | (27.37) | 600m | 45.35 | (27.58) | |
| | | 1000m | 1:17.19 | (32.18) | 1000m | 1:14.79 | (29.44) | |