



MCLN (the Dutch Masters Speed Skating Organization) invites you with pleasure to participate in the following International speed skating competition:

Dutch Masters Cup 2022-2023

- Enschede, the Netherlands, Sunday, 20th November 2022
- Heerenveen, the Netherlands, Saturday, 7th January 2023
- Leeuwarden, the Netherlands, Saturday, 18th February 2023

This competition will be held according to the Regulations of the International Masters' Speed Skating Committee (IMSSC) and the Regulations of the International Skating Union (ISU) on the following covered 400m standard speed skating tracks on artificial ice:

- **Ijsbaan Twente**, Colosseum 90, 7521 PT Enschede, The Netherlands
- **11stedenhal**, Fryslânplein 1, 8914 BZ Leeuwarden, The Netherlands
- **Thialf**, Pim Mulierlaan 1, 8443 DA Heerenveen, The Netherlands

These races are events of the IMSSC International Masters', the International ISU's and the Dutch Ice Sports Federation's 2022/2023 Calendars.

Organizer: MCLN
Leader: Tjeerd Smies
E-mail: info@schaatscircuit.nl

Competition Manager: Leen van den Heuvel
E-mail: info@schaatscircuit.nl
Website: www.schaatscircuit.nl



1 Competitions

Ladies en men (from age group 30): Single Distance Races.

Possible Distances 500 m combined with one of the following distances.

Possible combinations: 500 m & 1.000 m or,
500 m & 1.500 m or,
500 m & 3.000 m or,
500 m & 5.000 m.

Quartet start will be used for all distances. You can take part in one of more races of this competition of the Dutch Masters Cup.

2 Age Groups

This competition will be organized in the following five-year age groups (**AG** = five-year age groups Masters, Ladies and Men, according to their birth date, as indicated hereunder):

AG	born between	AG	born between	AG	born between
30	01.7.88 – 30.6.93	50	01.7.68 – 30.6.73	70	01.7.48 – 30.6.53
35	01.7.83 – 30.6.88	55	01.7.63 – 30.6.68	75	01.7.43 – 30.6.48
40	01.7.78 – 30.6.83	60	01.7.58 – 30.6.63	80	01.7.38 – 30.6.43
45	01.7.73 – 30.6.78	65	01.7.53 – 30.6.58	85	01.7.33 – 30.6.38 etc.

3 Eligibility

To be eligible, a skater must be a member of a National (Speed) Skating Federation recognized by the ISU, and must have a license of his/her federation.

4 Limitation of participants

The competitions are restricted to 80 skaters in Enschede, 88 skaters in Leeuwarden and 124 skaters in Heerenveen. You will be informed as soon as possible after your entry if you can take part in the competition.

5 Drawing and classification

Digitally by the Referee one day before each competition and published on the website www.schaatscircuit.nl. The drawing will be done in groups of 4 skaters, according to their best times of the current season, their best times of last season or their personal best times (and in that order).

The classification will be separately female group and a men group. See also 'Prices and results'.

6 Prices and results

There will be prices and a price giving ceremony after the 3rd competition (the final competition in Heerenveen). There will be prices for the top 3 Ladies and the top 3 Men.

Complete protocols (containing also starting times, lap times and accumulated lap times) of each competition will be published on the website www.schaatscircuit.nl.



You will get points on the distance where you skate the most close to the World record of last year. During the final competition you will get one and a half number of points. By skating a World record you will get a bonus of 75 points.

By this way there will be a battle between sprinters and long distance skaters. And a battle between all Age Groups.

Example of point counting

A lady in the Age Group 30 (L30) skates 42,50 on the 500 m. The World record last season was 39,51. That means a percentage of 92,49%. A lady L40 skates 42,99 on the 500 m and the World record L40 is 41,26, witch means a percentage of 95,98%. An other lady in the Age Group L65 has a time of 50,01 (World record is 49,44). The winner of this competition is the lady L55 with a time of 2.20,27 on the 1.500m. The World record is 2.19,27 with means a percentage of 99,29%

Results of the competition of this example:

Lady L55	1.500m	2.20.27	99,29%	100 points
Lady L65	500m	50,01	98,86%	80 points
Lady L40	500m	42,99	95,98%	70 points
Lady L30	500m	42,50	92,49%	60 points

Place	Points	Points final	Place	Points	Points final
1	100	150	13	18	27
2	80	120	14	16	24
3	70	105	15	14	21
4	60	90	16	12	18
5	50	75	17	10	15
6	45	67,5	18	8	12
7	40	60	19	6	9
8	36	54	20	5	7,5
9	32	48	21	4	6
10	28	42	22	3	4,5
11	24	36	23	2	3
12	21	31,5	24	1	1,5
Bonus World record		75 points			

7 Anti doping measures

Anti-doping tests will be carried out in accordance with ISU Rule 139 and the valid ISU Anti-doping Code (ISU Communication No. 2366 or any further update of this Communication).

8 Liability

In accordance with ISU Rule 119, ISU, IMSSC and the Organizing Committee assume **no responsibility for, or liability with respect to, bodily or personal injury, or property damages**, incurred in connection with this competition. Each skater or accompanying person is solely responsible for providing insurance coverage here to.



9 Schedule

9.1 Competition start

- Enschede, Sunday, November 20th 2022, 17:30h
- Leeuwarden, Saturday, January 7th 2023, 20:00h
- Heerenveen, Saturday, February 18th 2023, 19:00h

9.2 Training and warm up times

The 400m ice tracks in Heerenveen, Enschede and Leeuwarden will be open for training on all public hours and on certain periods on the days before the competitions. Check for details the websites:


- Enschede: www.ijsbaan-twente.nl/openingstijden
- Leeuwarden: www.elfstedenhal.frl/openingstijden
- Heerenveen: www.thialf.nl/recreatie/openingstijden

The admittance fee for training on public hours is not included in the entry fee of these competitions.

10 Entries

Dutch competitors must register on the regular way via the website www.schaatscircuit.nl and all other competitors by filling out the electronic entry form with all data asked available on the IMSSC website www.imssc.org. You find the electronic entry form on the website www.imssc.org at these competitions.

Foreign competitors must register via the IMSSC-website:

If you are not already registered as a User on the IMSSC-website, please ask for your account details to IMSSC Secretary at: info@imssc.org. If you are a registered User, enter your account details by clicking on the symbol  on top of the home page, on the right hand side, then choose the right competition under the menu "Competitions". Click on "Register", then on "Checkout" and fill-in all the requested data; finally, click on "Process Registration".

You will get a confirmation by e-mail, stating that your registration has been received by the Organizing Committee. However, this e-mail message does not confirm your participation. Confirmation of your participation can be ascertained in the Competitors' List, to be found in the Organizing Committee website: www.schaatscircuit.nl.

Entries can be made until:

- Monday, **November 14th 2022** at the latest for the competition in **Enschede**
- Monday, **January 2nd 2023** at the latest for the competition in **Leeuwarden**
- Monday, **February 13th 2023** at the latest for the competition in **Heerenveen**

11 Confirmation of Participation

A competitor is obliged to confirm his participation in person at the latest a half hour before the start of each competition.



12 Entry fee for competitors

Entrance fee will be: **27,00 euro** for 500 m & 1.000 m
30,50 euro for 500 m & 1.500 m
42,00 euro for 500 m & 3.000 m
48,50 euro for 500 m & 5.000 m
per person per day.

The entrance fee for competitors must be paid via bank transfer to:

Name of the receiver: **MCLN**
Address of the receiver: Provincialeweg 25, 2851 EA Haastrecht, the Netherlands
Name of the bank: Rabobank
Address of the bank: Postbus 2035, 3440 DA Woerden, the Netherlands
Account receiver (IBAN): **NL04 RABO 0195 2051 11**
BIC: **RABONL2U**

The amount must be received by MCLN **before**:

- Monday, **November 14th 2022** at the latest for the competition in **Enschede**
- Monday, **January 2nd 2023** at the latest for the competition in **Leeuwarden**
- Monday, **February 13th 2023** at the latest for the competition in **Heerenveen**

13 Accommodation

General

In and around Enschede, Leeuwarden and Heerenveen there are many hotels and B&B's. They can easily be found via Booking.com. Information can be found at: www.vvvheerenveen.nl, www.mooileeuwarden.nl/en and/or www.uitinenschede.nl.

Travelling info

Travelling to the Netherlands can be done by plane (to Schiphol Airport), by train or by car.

Travelling from Schiphol to Enschede, Leeuwarden and Heerenveen can be done by train (the Nederlandse Spoorwegen (NS)). Time schedules and ticket information of all trains in the Netherlands can be found on <http://www.ns.nl/en/travellers/home>.



14 Additional information

Communication by Sportity APP

General information, starting lists, results and urgent messages will be communicated to the skaters and companions via the *Sportity* mobile application. The *Sportity app* is available free of charge on Android and Apple systems and is compatible with both tablets and smartphones.

It can be downloaded directly on the app stores. In order to view all the information for the *Dutch Masters Cup 2022-2023*, the password is **MCLN2021**. Please feel free to communicate the password to all the participants and companions.



Inquiries

All inquiries should be directed via email to:

MCLN, the Dutch Masters Cup 2022-2023 Organizing Committee
to the attention of Tjeerd Smies, e-mail: info@schaatscircuit.nl.

Soerendonk, 26th September 2022

Tjeerd Smies c.s.
For the Organizing Committee