

## 1. Loting 500 meter voor 100m/300m/500m

|   |    | Naam                              | Cat | PR      | ST      | Tijd |
|---|----|-----------------------------------|-----|---------|---------|------|
| 1 | wt | 63 <b>Michella De Jong</b>        | DPD | 1:02.20 | 1:02.20 |      |
|   | rd |                                   |     |         |         |      |
| 2 | gl |                                   |     |         |         |      |
|   | bl |                                   |     |         |         |      |
| 3 | wt | 58 <b>Jesse Van Velde</b>         | HPA | 46.99   | 46.99   |      |
|   | rd | 22 <b>Kayleigh Strunks</b>        | DPB | 48.04   | 49.72   |      |
| 4 | gl | 24 <b>Laurena van Doorn</b>       | DC1 | 44.75   | 44.75   |      |
|   | bl | 43 <b>Anne-Fleur van der Liet</b> | DA2 | 46.15   |         |      |
| 5 | wt | 69 <b>Jasmijn ter Haar</b>        | DB2 | 40.54   | 40.54   |      |
|   | rd | 76 <b>Tessa Oudman</b>            | DSA | 40.95   | 41.10   |      |
| 6 | gl | 10 <b>Twan van de Poppe</b>       | HB1 | 40.18   | 40.18   |      |
|   | bl | 57 <b>Justin Van Velde</b>        | HC2 | 40.16   | 40.16   |      |

## 2. Loting 500 meter voor 500m/1500m

|    |          | Naam                                         | Cat        | PR             | ST             | Tijd |
|----|----------|----------------------------------------------|------------|----------------|----------------|------|
| 7  | wt<br>rd | 44 Kevin van Cleef                           | H45        | 50.47          | 53.07          |      |
| 8  | gl<br>bl |                                              |            |                |                |      |
| 9  | wt<br>rd | 11 Evelyn Mein-Klok<br>32 Jaap van Kouterik  | D55<br>H70 | 51.33<br>42.40 | 51.88<br>50.11 |      |
| 10 | gl<br>bl | 35 Andre van Zaane<br>6 André Kusters        | H60<br>H45 | 44.22<br>44.51 | 48.88<br>49.54 |      |
| 11 | wt<br>rd | 30 Guus Olijerhoek<br>25 Martijn Willemsen   | H55<br>H50 | 41.50<br>43.87 | 47.69<br>47.31 |      |
| 12 | gl<br>bl | 9 Janette de Groot-Bron<br>5 Marco Roos      | D45<br>H60 | 44.96<br>43.41 | 46.68          |      |
| 13 | wt<br>rd | 46 Aart van Beuzekom<br>45 Gerdien Verweij   | H55<br>D60 | 41.55<br>42.35 | 44.63<br>45.19 |      |
| 14 | gl<br>bl | 67 Jasper Knulst<br>7 Jan Mein               | H50<br>H65 | 43.36<br>40.90 | 44.26<br>44.48 |      |
| 15 | wt<br>rd | 31 Martin-Age Osinga<br>74 Mark Ooijevaar    | HSB<br>H40 | 43.09<br>39.43 | 43.09<br>43.30 |      |
| 16 | gl<br>bl | 3 Joas Woudstra<br>78 Koos Dijkstra          | H40<br>H55 | 41.78<br>40.47 | 42.86<br>42.88 |      |
| 17 | wt<br>rd | 18 Chris van der Plaats<br>4 Laurens Taekema | H65<br>H45 | 40.90<br>41.13 | 42.78<br>42.65 |      |
| 18 | gl<br>bl | 21 Bert Nijman<br>49 Paul Hermans            | H40<br>HSB | 42.33<br>40.14 | 42.33<br>42.23 |      |
| 19 | wt<br>rd | 2 Job Bohnen<br>14 Maarten Quist             | H40<br>H50 | 39.72<br>42.07 | 41.70<br>42.07 |      |
| 20 | gl<br>bl | 75 Niek Kaan<br>12 Bart Seffinga             | HB1<br>H45 | 40.46<br>37.10 | 40.46<br>39.63 |      |

## 3. Loting 500 meter voor 500m/1000m

|    |          | Naam                                             | Cat        | PR             | ST             | Tijd  |
|----|----------|--------------------------------------------------|------------|----------------|----------------|-------|
| 21 | wt<br>rd | 62 Carolien van Rees                             | D65        | 53.49          | 54.51          |       |
| 22 | gl<br>bl |                                                  |            |                |                |       |
| 23 | wt<br>rd | 41 Esmee Monod de Froideville<br>28 Bauke Meijer | DB2<br>H75 | 51.72<br>45.35 | 51.72<br>52.87 |       |
| 24 | gl<br>bl | 34 Astrid Janssen<br>27 Johan Smit               | D60<br>H65 | 46.77<br>47.45 | 51.43<br>51.72 |       |
| 25 | wt<br>rd | 56 Jos Beukeboom<br>29 Karin Terhürne            | H65<br>D55 | 46.50<br>46.30 | 50.73<br>50.43 |       |
| 26 | gl<br>bl | 16 Anita Smit-Groot<br>23 Adriaan Provoost       | D60<br>H65 | 46.86<br>43.19 | 50.01<br>50.15 |       |
| 27 | wt<br>rd | 33 Ivo van Ling<br>60 Ciska Stark                | H55<br>D60 | 47.65<br>46.22 | 49.50<br>49.92 |       |
| 28 | gl<br>bl | 55 Esmee van de Kant<br>19 Marlies de Jong       | DPA<br>D60 | 48.96<br>46.84 | 48.96<br>49.43 |       |
| 29 | wt<br>rd | 37 Anne-Lotte Köhler<br>38 Thomas Steele         | DB2<br>HB1 | 46.16<br>47.84 | 48.05<br>48.72 |       |
| 30 | gl<br>bl | 1 Henriëtte Goede<br>20 Wendy van der Ham        | D60<br>D50 | 43.73<br>45.63 | 47.71<br>47.94 |       |
| 31 | wt<br>rd | 39 Mike Egberts<br>13 Piet Siemonsma             | H45<br>H70 | 42.60<br>42.05 | 45.81<br>45.71 |       |
| 32 | gl<br>bl | 26 Ivar van der Kruijf<br>40 Gert-Jan Braas      | HPA<br>H60 | 45.68<br>43.08 |                | 45.68 |
| 33 | wt<br>rd | 53 Maartje Berkhout<br>54 Jelte Blomberg         | DC1<br>HPA | 44.54<br>44.25 | 44.54<br>44.25 |       |
| 34 | gl<br>bl | 15 Bart Makaske<br>17 Jan van der Stouwe         | H60<br>H60 | 41.32<br>39.24 | 44.11<br>44.13 |       |
| 35 | wt<br>rd | 42 Noor Smink<br>61 Beaudine Kielstra            | DC2<br>DC1 | 43.07<br>43.69 | 43.17<br>43.69 |       |
| 36 | gl<br>bl | 47 Marleen Knol<br>36 Azamat Ismailov            | DA1<br>H45 | 42.39<br>41.46 | 42.39<br>42.35 |       |
| 37 | wt<br>rd | 51 Sven Tas<br>8 Martijn Fokker                  | HC1<br>HC2 | 41.68<br>41.60 | 41.68<br>41.60 |       |
| 38 | gl<br>bl | 52 Jade Kamps<br>72 Casper Kerkhoff              | DC1<br>HC2 | 41.52<br>41.56 | 41.52<br>41.56 |       |
| 39 | wt<br>rd | 66 Coen Boersma<br>70 Wobbe Krijnen              | HC2<br>HC2 | 40.77<br>40.79 | 40.77<br>40.79 |       |

|    |    | Naam                        | Cat | PR    | ST    | Tijd |
|----|----|-----------------------------|-----|-------|-------|------|
| 40 | gl | 71 <b>Tijl de Vries</b>     | HB2 | 38.50 | 38.50 |      |
|    | bl | 73 <b>Mouly Delfgaauw</b>   | HB2 | 40.57 | 40.57 |      |
| 41 | wt | 64 <b>Simcha Kruithof</b>   | HN3 | 37.51 | 37.52 |      |
|    | rd | 68 <b>Jonas Bakker</b>      | HA2 | 37.91 | 37.91 |      |
| 42 | gl | 65 <b>Sylvian Hoogeveen</b> | HN2 | 37.26 | 37.26 |      |
|    | bl | 59 <b>Luuk van de Pol</b>   | HA2 | 37.16 | 37.16 |      |

## 4. Loting 100 meter

|    |          | Naam                                                            | Cat        | PR             | ST             | Tijd  |
|----|----------|-----------------------------------------------------------------|------------|----------------|----------------|-------|
| 43 | wt<br>rd | 63 <b>Michella De Jong</b>                                      | DPD        | 14.52          | 14.52          |       |
| 44 | gl<br>bl |                                                                 |            |                |                |       |
| 45 | wt<br>rd | 22 <b>Kayleigh Strunks</b><br>43 <b>Anne-Fleur van der Liet</b> | DPB<br>DA2 | 12.37<br>12.44 | 12.41<br>12.61 |       |
| 46 | gl<br>bl | 24 <b>Laurena van Doorn</b><br>58 <b>Jesse Van Velde</b>        | DC1<br>HPA | 11.70<br>11.98 | 11.83<br>12.08 |       |
| 47 | wt<br>rd | 57 <b>Justin Van Velde</b><br>76 <b>Tessa Oudman</b>            | HC2<br>DSA | 11.39<br>11.39 |                |       |
| 48 | gl<br>bl | 10 <b>Twan van de Poppe</b><br>69 <b>Jasmijn ter Haar</b>       | HB1<br>DB2 | 11.16<br>10.91 |                | 11.08 |

## 5. Loting 300 meter

|    |          | Naam                                                             | Cat        | PR             | ST             | Tijd |
|----|----------|------------------------------------------------------------------|------------|----------------|----------------|------|
| 49 | wt<br>rd | 63 <b>Michella De Jong</b>                                       | DPD        | 38.56          | 38.56          |      |
| 50 | gl<br>bl |                                                                  |            |                |                |      |
| 51 | wt<br>rd | 22 <b>Kayleigh Strunks</b><br>58 <b>Jesse Van Velde</b>          | DPB<br>HPA | 30.61<br>29.61 | 30.83<br>29.61 |      |
| 52 | gl<br>bl | 24 <b>Laurena van Doorn</b><br>43 <b>Anne-Fleur van der Liet</b> | DC1<br>DA2 | 28.12<br>28.99 | 28.12<br>29.47 |      |
| 53 | wt<br>rd | 57 <b>Justin Van Velde</b><br>76 <b>Tessa Oudman</b>             | HC2<br>DSA | 26.64<br>26.69 |                |      |
| 54 | gl<br>bl | 69 <b>Jasmijn ter Haar</b><br>10 <b>Twan van de Poppe</b>        | DB2<br>HB1 | 25.84<br>26.37 | 26.04          |      |

## 6. Loting 1500 meter

|    |          | Naam                                          | Cat        | PR                 | ST                 | Tijd    |
|----|----------|-----------------------------------------------|------------|--------------------|--------------------|---------|
| 55 | wt<br>rd | 11 Evelyn Mein-Klok                           | D55        | 2:36.33            | 2:39.93            |         |
| 56 | gl<br>bl |                                               |            |                    |                    |         |
| 57 | wt<br>rd | 32 Jaap van Kouterik<br>44 Kevin van Cleef    | H70<br>H45 | 2:08.00<br>2:29.88 | 2:31.03<br>2:29.88 |         |
| 58 | gl<br>bl | 6 André Kusters<br>46 Aart van Beuzekom       | H45<br>H55 | 2:17.26<br>2:07.71 |                    |         |
| 59 | wt<br>rd | 25 Martijn Willemsen<br>35 Andre van Zaane    | H50<br>H60 | 2:10.21<br>2:12.22 | 2:23.83<br>2:27.76 |         |
| 60 | gl<br>bl | 45 Gerdien Verweij<br>9 Janette de Groot-Bron | D60<br>D45 | 2:10.56<br>2:16.46 | 2:20.82<br>2:23.55 |         |
| 61 | wt<br>rd | 78 Koos Dijkstra<br>7 Jan Mein                | H55<br>H65 | 2:06.13<br>2:07.00 | 2:19.26<br>2:19.14 |         |
| 62 | gl<br>bl | 5 Marco Roos<br>30 Guus Olijerhoek            | H60<br>H55 | 2:09.92<br>2:06.50 |                    | 2:18.64 |
| 63 | wt<br>rd | 67 Jasper Knulst<br>18 Chris van der Plaats   | H50<br>H65 | 2:11.23<br>2:08.50 | 2:15.87<br>2:12.81 |         |
| 64 | gl<br>bl | 49 Paul Hermans<br>21 Bert Nijman             | HSB<br>H40 | 2:04.44<br>2:08.91 | 2:10.44<br>2:10.01 |         |
| 65 | wt<br>rd | 14 Maarten Quist<br>31 Martin-Age Osinga      | H50<br>HSB | 2:07.68<br>2:09.84 |                    | 2:09.84 |
| 66 | gl<br>bl | 2 Job Bohnen<br>4 Laurens Taekema             | H40<br>H45 | 2:04.28<br>2:03.37 | 2:08.50<br>2:07.67 |         |
| 67 | wt<br>rd | 3 Joas Woudstra<br>75 Niek Kaan               | H40<br>HB1 | 2:04.63<br>2:04.00 | 2:05.57<br>2:04.00 |         |
| 68 | gl<br>bl | 74 Mark Ooijevaar<br>12 Bart Seffinga         | H40<br>H45 | 1:50.34<br>1:50.31 | 2:03.84            |         |

## 7. Loting 1000 meter

|    |          | Naam                                                          | Cat        | PR                 | ST                 | Tijd    |
|----|----------|---------------------------------------------------------------|------------|--------------------|--------------------|---------|
| 69 | wt<br>rd | 41 <b>Esmee Monod de Froideville</b>                          | DB2        | 1:47.22            | 1:47.22            |         |
| 70 | gl<br>bl |                                                               |            |                    |                    |         |
| 71 | wt<br>rd | 62 <b>Carolien van Rees</b><br>28 <b>Bauke Meijer</b>         | D65<br>H75 | 1:47.46<br>1:33.29 | 1:52.43<br>1:49.37 |         |
| 72 | gl<br>bl | 19 <b>Marlies de Jong</b><br>27 <b>Johan Smit</b>             | D60<br>H65 | 1:34.04<br>1:36.51 | 1:45.32<br>1:46.29 |         |
| 73 | wt<br>rd | 38 <b>Thomas Steele</b><br>60 <b>Ciska Stark</b>              | HB1<br>D60 | 1:42.12<br>1:32.59 | 1:43.69<br>1:44.31 |         |
| 74 | gl<br>bl | 16 <b>Anita Smit-Groot</b><br>29 <b>Karin Terhürne</b>        | D60<br>D55 | 1:34.48<br>1:31.99 | 1:42.51<br>1:42.38 |         |
| 75 | wt<br>rd | 56 <b>Jos Beukeboom</b><br>34 <b>Astrid Janssen</b>           | H65<br>D60 | 1:33.58<br>1:31.53 | 1:41.93<br>1:42.04 |         |
| 76 | gl<br>bl | 37 <b>Anne-Lotte Köhler</b><br>23 <b>Adriaan Provoost</b>     | DB2<br>H65 | 1:35.58<br>1:23.41 | 1:39.57<br>1:39.55 |         |
| 77 | wt<br>rd | 55 <b>Esmee van de Kant</b><br>20 <b>Wendy van der Ham</b>    | DPA<br>D50 | 1:39.29<br>1:33.93 | 1:39.29<br>1:38.80 |         |
| 78 | gl<br>bl | 1 <b>Henriëtte Goede</b><br>33 <b>Ivo van Ling</b>            | D60<br>H55 | 1:27.37<br>1:33.88 | 1:37.43<br>1:37.97 |         |
| 79 | wt<br>rd | 15 <b>Bart Makaske</b><br>13 <b>Piet Siemonsma</b>            | H60<br>H70 | 1:22.59<br>1:23.23 |                    | 1:34.69 |
| 80 | gl<br>bl | 17 <b>Jan van der Stouwe</b><br>26 <b>Ivar van der Kruijf</b> | H60<br>HPA | 1:17.12<br>1:32.90 | 1:33.07            |         |
| 81 | wt<br>rd | 53 <b>Maartje Berkhout</b><br>40 <b>Gert-Jan Braas</b>        | DC1<br>H60 | 1:32.28<br>1:24.57 |                    | 1:30.45 |
| 82 | gl<br>bl | 61 <b>Beaudine Kielstra</b><br>39 <b>Mike Egberts</b>         | DC1<br>H45 | 1:28.93<br>1:25.40 | 1:28.93<br>1:30.18 |         |
| 83 | wt<br>rd | 54 <b>Jelte Blomberg</b><br>42 <b>Noor Smink</b>              | HPA<br>DC2 | 1:27.37<br>1:26.58 | 1:27.37<br>1:27.91 |         |
| 84 | gl<br>bl | 47 <b>Marleen Knol</b><br>73 <b>Mouly Delfgaauw</b>           | DA1<br>HB2 | 1:27.12<br>1:26.19 | 1:27.12<br>1:26.19 |         |
| 85 | wt<br>rd | 51 <b>Sven Tas</b><br>52 <b>Jade Kamps</b>                    | HC1<br>DC1 | 1:25.29<br>1:25.86 | 1:25.29<br>1:25.91 |         |
| 86 | gl<br>bl | 72 <b>Casper Kerkhoff</b><br>36 <b>Azamat Ismailov</b>        | HC2<br>H45 | 1:22.69<br>1:22.71 | 1:22.69<br>1:24.24 |         |
| 87 | wt<br>rd | 70 <b>Wobbe Krijnen</b><br>8 <b>Martijn Fokker</b>            | HC2<br>HC2 | 1:22.35<br>1:22.33 | 1:22.35<br>1:22.33 |         |



|    |    | Naam                        | Cat | PR      | ST      | Tijd |
|----|----|-----------------------------|-----|---------|---------|------|
| 88 | gl | 71 <b>Tijl de Vries</b>     | HB2 | 1:17.25 | 1:17.25 |      |
|    | bl | 66 <b>Coen Boersma</b>      | HC2 | 1:21.91 | 1:21.91 |      |
| 89 | wt | 59 <b>Luuk van de Pol</b>   | HA2 | 1:16.28 | 1:16.28 |      |
|    | rd | 68 <b>Jonas Bakker</b>      | HA2 | 1:14.70 | 1:14.70 |      |
| 90 | gl | 64 <b>Simcha Kruithof</b>   | HN3 | 1:14.37 | 1:14.37 |      |
|    | bl | 65 <b>Sylvian Hoogeveen</b> | HN2 | 1:14.68 | 1:14.68 |      |